

# MANASLU EXPEDITION AUTUMN

## 2026



**2024**



**2025**



**2023**

**“They made it to the top.  
It’s your turn this 2026.”**



**SATORI**  
**ADVENTURES**

your mountain guide in the himalayas

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# MANASLU EXPEDITION (8,163M/ 26,781FT)

## FACTS OF THE TRIP:

Highest access:	8,163m (26,781ft)
First Ascent:	Toshio Imanishi and Gyalzen Norbu (Japan), May 9, 1956
Duration:	37 (typically) days
Group Size:	08-10 persons per group
Co-ordinates:	28°32'58"N, 84°33'43"E
Location:	Nepal/ Manaslu Region/ Lamjung District
Country:	Nepal
Airport:	Kathmandu
Departure From:	Kathmandu (KTM)
Grade:	Low technical difficulty
Accommodation:	Three-star to four-star as requested
Meals:	B/B plan in Kathmandu & B, L, D during the Driving and climbing period
Transportation:	Car, Jeep, Mini Bus
Best season:	Spring (April, May) and autumn (October, November)
Major Activity:	Trekking/ Climbing
Include Activity:	Sightseeing in Kathmandu
Culture:	Tamang, Sherpa
Mode of Stay:	Lodge/ Tea House/ Camping
Climbing Route:	Northeast ridge
Himalayan Sights:	Buddha Himal, Annapurna, Ganesh Himal

## ITINERARY DETAILS OF MANASLU EXPEDITION AUTUMN

Day 01	August 31	Arrival in Kathmandu and transfer to hotel.
Day 2-3	Sept 01-02	Briefings, preparation and formalities.
Day 04	Sept 03	Drive from Kathmandu to Bahundanda (1305m). Teahouse accommodation.
Day 05	Sept 04	Trek from Bahundanda to Chyamche (1430m). Teahouse accommodation.
Day 06	Sept 05	Trek from Chyamche to Dharapani (1860m). Teahouse accommodation.
Day 07	Sept 06	Trek from Dharapani to Tilje (2700m). Teahouse accommodation.
Day 08	Sept 07	Trek from Tilje to Bhimthang (3590m). Teahouse accommodation.

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Day 09	Sept 08	Trek from Bhimthang to Dharamshala via Larkyala Pass (5314m). Teahouse accommodation.
Day 10	Sept 09	Trek from Dharamshala to Sama Gaon (3780m). Teahouse accommodation.
Day 11	Sept 10	Rest and acclimatisation day at Sama Gaon.
Day 12	Sept 11	Trek from Sama Gaon to Manaslu Base camp (4700m). Camping accommodation.
Day 13-34	Sept12-Oct3	Climbing period; summit Manaslu (8163m).
Day 35-36	Oct 04-05	After having breakfast, Flight from Sama Gaun to Arughat by B3 Helicopters and then drive to Kathmandu. Farewell celebration dinner with cultural program. Hotel accommodation.
Day 37	Oct 06	Transfer to KTM airport for final departure.

## COST FOR THE TRIP

S.N	3-4 star category on Hotel Accommodation in Kathmandu	Full board service, including a 1:1 climbing Sherpa guide
01.	A 37-day full-board trek, departing and returning by helicopter, with options available at the base.	\$17,900.00 per person



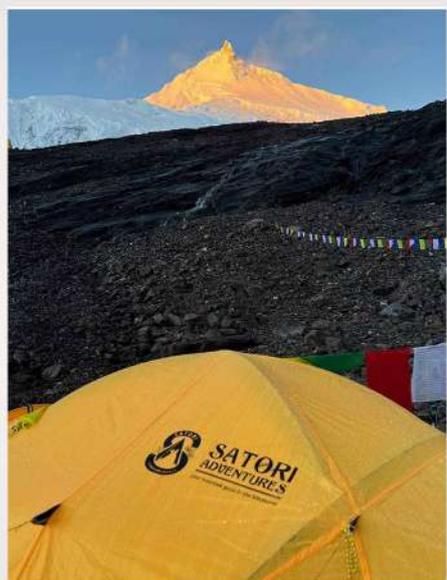
## FULL BOARD SERVICE COST INCLUDES

- All arrival and departure transfer services to and from KTM International Airport, along with other necessary transportation as per the itinerary.
- Assistance at KTM International Airport during your arrival and departure.
- 4-night 3-4 star hotel accommodation in Kathmandu on a bed and breakfast (B&B) basis.
- Experienced and government-licensed trekking and climbing Sherpa guide during the trekking and climbing period.
- An appropriate number of porters during the trekking period.



## FULL BOARD SERVICE COST INCLUDES

- Land transportation from Kathmandu - Arughat - Kathmandu for all climbing members, Sherpa guide, liaison officer and kitchen staff.
- Sama Gaun will go on a helicopter flight to Kathmandu after the expedition.
- All Satori trekking kitchen tents, storage tents, dining tents, client tents, toilet tents, tables, chairs, and cooking utensils for base camp.
- 3 meals a day: Breakfast, lunch and dinner with tea/coffee during the trekking and climbing.
- Accommodation at a hotel/ lodge/ guesthouse during the trekking period.
- All camping accommodations for members and staff during the climbing period. You will be sharing sleeping quarters with one other member.
- All food and fuel for base camp and higher camps during the climbing period.
- A 40kg baggage allowance is available per person during the trekking period. Porters or mules will carry this.
- Daily weather report services from a Seattle, Washington - based company.
- Services of a chef and a kitchen assistant at an advanced base camp.
- Trekking Permit (Manaslu Conservation Park entry fee).
- TIMS card (Trekking Information Management System).
- Manaslu restricted area trekking permit during the expedition period.
- Expedition Royalty and a permit from the Nepal Government to climb Mt. Manaslu.
- Nepalese Government Royalty.
- One experienced, trained, government-licensed, and 3-time summiteers climbing guide (Sherpa) as per group size.
- All wages, equipment, medical and accident insurances for all involved staff during the trekking and climbing period.
- Helicopter rescue insurance for all expedition staff involved.



## FULL BOARD SERVICE COST INCLUDES

- Medical consultation services are available at the base camp through the HRA clinic.
- Equipment allowances and wages for a climbing Sherpa, cooks, a kitchen assistant and a government liaison officer.
- First aid medical kits for the group and the staff.
- The guide for communication carries a satellite phone. Available to clients at a cost of USD 33 per minute.
- Provide appropriate high-altitude food for all clients and staff at base camp and above as required.
- Heater will be provided at the base camp for the dining tent.
- Emergency oxygen mask and regulator provided upon request by the client with a requirement.
- Each client will have an individual tent available in the Manaslu advanced base camp.
- Solar panel for charging lights and electronics.
- All tents for camps 1, 2 and 3. Icefall charges.
- Gamow Bags (Portable hyperbaric chambers) for high altitude sickness.
- The latest model of the Summit or Top Out system mask and regulators will be provided.
- Three bottles of Poisk Oxygen (totalling 12 litres) will be included per member.
- We provide Sherpa's tents, food for climbing and insurance.
- Free assistance service for cargo clearance and duties.
- EPI cooking gas and stoves will be provided above base camp.
- A generator will be provided to back up the lighting in base camp.
- Transportation of food supply from Kathmandu to base camp by porters/ mules.
- Our service charge and government taxes are levied in Nepal.
- Farewell dinner in a typical Nepali restaurant with a cultural show in Kathmandu before departure.
- Satori Adventures T-shirt and scarf.



## FULL BOARD SERVICE COST EXCLUDED

- Lunch and dinner during your stay in Kathmandu (except for the farewell dinner).
- Any packed food/ snacks, aerated drinks, energy drinks, mineral water, alcohol, cigarettes, chocolates, or any other food consumed beyond the prescribed breakfast, lunch and dinner.
- Expenses incurred for the use of landlines, mobile phones, walkie-talkies, satellite phones, and internet services.
- Clothing, packing items or bags, a personal medical kit, and personal trekking gear.
- Any extra expenses arising out of various/ unforeseen situations like natural calamities, landslides, political disturbances, strikes, changes in Government regulations, etc.
- Transportation services include only what is listed on the itinerary. Any additional distance travelled will be charged accordingly.
- Any additional staff other than those specified.
- Rescue, repatriation, medicines, medical tests and hospitalisation expenses.
- Medical insurance and emergency rescue evacuation, if required.
- Walkie-talkies & Filming permit (if you have a special camera).
- Personal climbing gear.
- Nepal's customs duty for importing expedition equipment.
- Items of a personal nature, laundry expenses, and tips.
- Summit bonus US\$1200.00 per climbing Sherpa guide.
- US\$250.00 per client tips for base camp staff.
- Tips, gifts, souvenirs.
- Airfare for international flights.
- Any extra services, products, offers or activities that are not mentioned in the itinerary.

kindest Regards,

**RISHI BHANDARI | SATORI ADVENTURES PVT. LTD.**

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*Although the adventure is free of cost, safety matters, so it comes at a cost.*