

LHOTSE EXPEDITION SPRING



2023

2026



2022



2025

**“They made it to the top.
It’s your turn this 2026.”**



SATORI
ADVENTURES

your mountain guide in the himalayas

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LHOTSE EXPEDITION (8516M/27940FT.)

FACTS OF THE TRIP:

| | |
|----------------------|---|
| Highest access: | 8,516m (27,940ft) |
| First Ascent: | May 18th, 1956 by a Swiss team composed of Ernst Reiss & Fritz Luchsing |
| Duration: | 62 days (typically) |
| Group Size: | 08-10 persons per group. |
| Co-ordinates: | 27°57'45" N, 86°56'03" E |
| Location: | Nepal/ Tibet border, 30km west of Everest |
| Arrival & Departure: | Kathmandu Airport: TIA |
| Mountain Grade: | Challenging |
| Accommodation: | Teahouse/ lodge during trek & Camping during the climbing period |
| Meals: | Breakfast, lunch and dinner |
| Transportation: | Car, Flight |
| Culture: | Sherpa and Tamang |
| Climbing route: | South Col |

DETAILED ITINERARY OF LHOTSE EXPEDITION

| | | |
|-----------|-------------|--|
| Day 01 | 04 April | Arrival in Kathmandu Airport and transfer to 3-4 star hotel accommodation in Kathmandu (1350m/4,430ft). |
| Day 02-03 | 05-06 April | Preparation and briefings at the Departments of Tourism, shopping. |
| Day 04 | 07 April | Flight to Lukla; Trek to Phakding (2650m/8,694ft)Lodge accommodation. |
| Day 05 | 08 April | Trek from Phakding to Namche Bazaar through colorful Khumbu villages (3440m/11,286ft) 6hrs. Lodge accommodation. |
| Day 6 | 09 April | Rest day for acclimatisation. You will hike to the famous Everest View Hotel (3800m/12,487ft) in 3 hours. Catch a glimpse of Everest. Explore the Hillary and Sherpa museum at Namche in the evening with a slideshow program. |

DETAILED ITINERARY OF LHOTSE EXPEDITION

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|-----------|-----------|---|
| Day 07 | 10 April | Trek from Namche Bazaar to Tengboche (3850m /12,631ft) 5-6 hrs. Visit a significant Buddhist monastery. Lodge accommodation |
| Day 08 | 11 April | Trek from Tengboche to Dingboche (4350m /14,271ft) 4-5 hrs. Catch glimpses of AmaDablam and Lhotse. Lodge accommodation. |
| Day 09 | 12 April | Acclimatization in Dingboche (4350m/14,271ft). Hiking up to Chukung-Re. |
| Day 10 | 13 April | Trek to Lobuche (5018m/16,463ft) 4-5hrs.Lodge accommodation. |
| Day 11 | 14 April | After breakfast, trek to Lobuche East Base camp (5200m/17060ft, 05hrs), Lodge accommodation. |
| Day 12 | 15 April | Climb from Lobuche East peak base camp to high camp (5400m/17716ft- 03hrs), preparation for the summit. |
| Day 13 | 16 April | Summit to Lobuche East Peak (6,119m/ 20,070ft, 10hrs)- Back to Lobuche for Gorakshep. |
| Day 14 | 17 April | Trek from Lobuche East to Everest Base Camp (5200m/17060ft) 4hrs. Camping accommodation. |
| Day 15-55 | 18-28 May | Climbing period (8516m/ 27,940ft). |
| Day 56 | 29 May | Preparation for return, trek from Everest base camp to Dingboche(4350m/14,271ft) 4hrs. Lodge accommodation. |
| Day 57 | 30 May | Trek from to Tengboche (3860m/12,631ft) 4 hrs. Lodge accommodation. |
| Day 58 | 31 May | Trek from Tengboche to Namche Bazaar (3440m /11,286ft,4hrs) Lodge accommodation. |
| Day 59 | 01 June | Trek to Lukla(2840m/ 9,317ft) 7hrs. Hotel accommodation. |

DETAILED ITINERARY OF LHOTSE EXPEDITION

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|--------|---------|--|
| Day 60 | 02 June | Fly from Lukla to Kathmandu (1350m/ 4,430ft) 35 mins. Transfer to the hotel. |
| Day 61 | 03 June | Leisure day & shopping in Kathmandu, Farewell celebration dinner |
| Day 62 | 04 June | Transfer to the airport for final departure. |

COST FOR THE TRIP

| S.N | Particulars of 3-4 star hotel accommodation in Kathmandu | Cost for the trip |
|-----|--|-------------------|
| 01. | Full board Lhotse expedition package | US\$ 25,000.00 |



FULL BOARD SERVICE COST INCLUDES

- Arrival and departure transfer services to and from both domestic and international flights as per the itinerary.
- Assistance at the international airport by Satori Adventures while arriving and departing in Kathmandu.
- 4 Nights of 3-4 star hotel accommodation in Kathmandu on B/B basis.
- Experienced and government-licensed high-altitude sherpa guide during the trekking and climbing period.
- Schedule flight tickets for the Kathmandu - Lukla - Kathmandu sector for all climbing members, Sherpa guides, liaison officers, and kitchen staff.
- All trekking and mountaineering equipment, like: Kitchen tent, storage tent, dining tent, toilet tents, tables, chairs, and cooking utensils for the advanced base camp and camp II.
- Common climbing equipment (necessary fixed and main rope, ice bars, ice screws, snow bar etc)



FULL BOARD SERVICE COST INCLUDES

- Services of a chef and a kitchen assistant at the base camp.
- 3 meals a day: Breakfast, lunch and dinner with tea/coffee available in the tea house/ hotel/ lodge during the trekking period.
- 3 fresh meals a day: Breakfast, lunch and dinner will be served at the advanced base camp.
- All food and fuel for base camp and higher camps during the expedition for clients and staff.
- A 40kg baggage allowance per person is available during the trekking period, which a porter carries.
- Daily weather report services from a Seattle, Washington-based company.
- Trekking permit (Everest National Park entry fee).
- TIMS card (Trekking Information Management System).
- Expedition royalty and climbing permit from the Nepal government to climb Mt. Lhotse (8516m).
- Nepalese government royalty and fees for both Lhotse and Lobuche.
- One experienced, trained, government - licensed, and three-time Everest Summiteer climbing and expedition guide (Sherpa) per client.
- All wages, equipment, medical and accidental insurances for all involved staff during trekking and expedition periods.
- Equipment allowances and wages for climbing Sherpas, chefs, and kitchen assistants.
- Equipment allowances and wages for a government liaison officer.
- A heater will be provided at the base camp for heating the dining room.
- Emergency oxygen, mask, and regulator are provided upon request of the guest at an additional charge.
- Solar panel for light and battery charging.
- All tents for camps 1, 2, 3, and 4 are reserved for members and staff.



FULL BOARD SERVICE COST INCLUDES

- Icefall charges by SPCC.
- Gamow bags (Portable Altitude Chamber).
- 4 Bottles (16L) of Poisk Oxygen will be provided to each member (we use the Poisk brand of Oxygen).
- The latest model of the summit or top-out system mask and regulators.
- Sherpa tents, food for climbing, and insurance for staff.
- Helicopter rescue insurance for high-altitude climbing Sherpa guide, chef and staff.
- Free assistance service for cargo clearance and duties.
- Freshly cooked food and a kitchen will be provided at Camp II.
- Trekking and climbing map of Mount Lhotse.
- EPI cooking gas. Stoves will be provided in camps one, three, and four.
- The generator will provide backup power for lighting and charge electronic tools.
- Transportation of food supply from the base camp to Kathmandu (Cargo to Lukla and then by porter/ Yaks to the base camp).
- Our service charge and government taxes are levied in Nepal.
- Complete pre-departure information.
- Flight ticket reconfirmation.
- Visa extension procedure services (if necessary).
- Farewell dinner in a typical Nepali restaurant with a local culture show in Kathmandu.
- Satori t-shirt/ pashmina, brochure.



FULL BOARD SERVICE COST EXCLUDED

- Lunch and dinner during your stay in Kathmandu (except for the farewell dinner).
- Any packed food/ snacks, aerated drinks, energy drinks, mineral water, alcohol, cigarettes, chocolates, and nutria-bars during the trek.
- Items of a personal nature, laundry expenses, and tips.
- Any extra expenses arising out of various/ unforeseen situations like natural calamities, landslides, political disturbances, strikes, changes in government regulations, etc.
- Extra transportation other than what is displayed in the itinerary program.
- Any additional staff other than those specified.
- Rescue, repatriation, medicines, medical tests and hospitalization expenses.
- Medical insurance and emergency rescue evacuation, if required.
- Travel insurance and helicopter rescue.
- Walkie-talkies.
- Filming permit.
- Personal climbing gear.
- Expenses incurred for the use of landlines, internet, mobile phones, walkie-talkies, or satellite phones.
- Clothing, packing items or bags, personal medical kit, camera/ video fees or trekking gear.
- Nepal's customs duty for importing expedition equipment.
- Summit bonus for climbing Sherpa guides as per the mountaineering association rules. Minimum \$1500.00 USD per climbing Sherpa guide.
- \$150.00 USD per person for base camp staff as a minimum sharing.
- Tips and gifts for base camp and high-altitude trekking and climbing staff.
- Airfare for international flights.



FULL BOARD SERVICE COST EXCLUDED

- Any extra services, products, offers, or activities which are not mentioned in the itinerary.
- Any other item not included in the “COST INCLUDES” section.

KHUMBU ICEFALL

Once past the Khumbu icefall, the route is not technically challenging and is essentially a strenuous trekking route with minimal objective danger. The Khumbu Icefall is a steep glacier with obvious implications of large crevasses and treacherous unstable seracs, making navigation complicated and riddled with high objective danger of falling ice. This is the most dangerous part of the climb of Lhotse. There is an obvious danger of high altitude sickness complications and changeable, unpredictable mountain weather. At the beginning of the climbing period, climbing Sherpa guides (also known as icefall enactors) set the route through the icefall, installing ladders across crevasses and along vertical serac ice walls to facilitate efficient and easy climbing. These arrangements make climbing the Khumbu icefall possible, efficient, and relatively safe, especially early in the morning before sunrise, when the ice structure is well-frozen and the conditions are optimal. The Khumbu icefall is particularly hazardous in the afternoon due to its western aspect.



BASE CAMP (5200M/17,060FT)

Lhotse base camp is located on a moving glacier at 5,200 meters above sea level, where you will spend up to 45 days. Conditions in base camp will remain consistent during the climbing period, consisting of shifting and relocating tents and platforms as the ice moves and melts. The area is both harsh and beautiful, surrounded by Pumori, Lhotse, and Nuptse. The Khumbu Icefall experiences warm mornings and occasional afternoon snow squalls. With so many expedition teams at BC, it looks and feels like a small village in the Himalayas.



CAMP I: (5900M/19,357FT.)

Reaching C1 is the most technical part of a south side climb since it crosses the Khumbu Icefall. The Icefall is 2,000 feet of moving ice with deep crevasses, towering ice seracs and avalanches off Everest's west shoulder. During the climbing period, we attempt to spend only 2 nights at Camp I for acclimation. Once you have proper acclimation, our plans call for us to move safely up and down directly from Camp II.



CAMP II: (6400M/20,998FT.)

Camp II is located in a lateral moraine at the bottom of the West Ridge. It is a very safe and sheltered location with tremendous views of Lhotse. All companies set up their main climbing camp for the duration of the climbing period here, featuring tents for individual climbers, as well as kitchen and dining tents. Camp 2 is the main acclimatisation camp and the base for camp three acclimatisation, climbing, and the final summit attempt. This is the camp that you will spend most of your time at after base camp.



CAMP III: (7100M/23,294FT.)

Climbing the Lhotse Face to Camp III is often difficult, as almost all climbers are feeling the effects of high altitude and have not yet begun using supplemental oxygen. The Lhotse Face is steep and the ice is hard, but the route is fixed with rope and the angles can range from 30 to 45 degrees. It is a long climb to camp

III, but it is required for acclimatisation prior to a summit bid. You will spend 2 nights at Camp Three for acclimatisation and the summit push.

CAMP IV: (79000M/25,918FT)

Welcome to the moon. This is a flat area covered with loose rock and surrounded by Lhotse on the South. Camp IV is the last camp; it is easily accessible by most climbers without the need for supplementary oxygen. There are two rock sections to navigate before Camp IV: The Yellow Band, a layer of marble, phyllite, and semischist rock, and the Geneva Spur, an anvil-shaped rib of black rock. Both of these areas are set up with fixed ropes.

SUMMIT: (8516M/27,940FT.)

The last section of the climb from camp III to camp IV takes 11-16 hours to navigate. There, the Lhotse face rises at 40-45 degrees with the occasional 80-degree bulge. The climbing Sherpa guide will set fixed ropes up the ice wall. Climbers and porters need to establish a good rhythm of foot placement and pulling themselves up the ropes using their Jumars. Two rocky sections, known as the Yellow Band and the Geneva Spur, interrupt the icy ascent on the upper part of the face before reaching the central summit. The route to the true summit is a moderate snow slope, and while tired, adrenaline keeps most climbers moving at this point.



Kindest Regards,

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Although the adventure is free of cost, safety matters, so it comes at a cost.