Satori Adventures Pvt. Ltd specializes in guiding and logistics for mountaineering, trekking, hiking and adventure holidays in Nepal, Tibet, Bhutan and Northern India. We offer innovative adventures ranging from the life changing experience of the Everest Base Camp trek, to classic climbs of majestic Himalaya peaks like Ama Dablam, Pumori and the remote Mera Peak.

The word “Satori” in the Zen Buddhist tradition refers to a flash of sudden awareness, or individual enlightenment and is considered a “first step” or embarkation toward nirvana. Satori Adventures assists in this individual and group enlightenment by providing our clients with the best possible experiences in some of the most amazing locations in Himalayas. This may take place by foot or on a mountain bike to the remote and amazingly beautiful wilderness areas of Dhaulagiri, Manaslu, Makalu and Kanchenjunga to the rarely visited wilderness of Langtang, Dolpo and to the magic and mystique of the Kingdom of Upper Mustang.

Whether you are looking for an extreme mountaineering adventure in the area of Mt. Everest, a trekking adventure holiday in the foothills of the snow capped Himalayas, the thrill of white water rafting, rock climbing, paragliding, mountain bike riding through Himalayas, or a life changing spiritual journey in the birth place of Buddha, you will find we offer just about anything you dream of in the outdoors. We have more than 15 years experience within the travel trade business including having managed hundreds of trips. We are committed to providing the best services for our clients in a culturally enriching and safe environment. With our local knowledge and our international offices we are continually improving the quality and range of our operations. We have trained our staff to provide the ultimate and a truly authentic ‘Nepalese’ experience to our clients.

Satori Adventures Pvt. Ltd

Name of Company: Satori Adventures (P) Ltd.
Managing Director: Mr. Rishi Bhandari
Type of Company: Private Limited
Registered License Number: 140946/072/073, Government of Nepal
Address (Head Office): Nayabazar, Kathmandu, Nepal
Telephone Number: +977-1- 4365127
URL of Company: www.satoriadventuresnepal.com
E-mail address: info@satoriadventuresnepal.com | satorinepal@gmail.com

Why Satori Adventures?

Personalized and professional service:
Your vacation and adventures are an important part of your life, as they allow you the time to recuperate your body and mind, experience new things in life and perhaps test your mental and physical limits. We understand that you want your adventures and vacations to be focal points of your life, experiences that will change your life and provide challenging, inspirational, educational and spiritual experiences that will last forever. We are here to help you to fulfill your dreams and make your adventure unforgettable. Everyone at Satori is focused to make your holiday stress free, relaxing and a life changing experience.

Local experts create your holiday’s itineraries:
Satori Adventures firmly believes in providing the highest quality of service in trekking, trekking peak climbing, High mountain expedition, mountain Bike Riding. We don’t believe in compromising quality and can still provide a memorable life changing experience at a reasonable cost. The price we charge our customers always matches each individual customer’s requirements and, therefore, varies accordingly. But our budgets will not compromise safety and security.

Affordable & Flexible:
You have invested your time, resources and trust in our services and we will strive to give you the best return possible on your investment. We understand that you want to make the best use of your hard earned money and make your trip memorable. This is our job and we will do everything possible to make it happen. Our prices are fully disclosed, there are no hidden costs and you will find our prices very competitive, as we strive to provide the best services at the best prices.

Safety & security is our top most priority:-
As a company based in the United States, we are governed by the policies, rules and procedures of a modern culture, thus providing our customers with highly trained and experienced guides and instructors, along with the best in modern gear. Having offices in various countries however, allows us to have local people, who grew up in the regions and know the country and people very well. This proves very valuable in terms of logistics, knowledge of current conditions and the ability to be provided a competitive price.

Experienced and professional staff:
Satori Adventures evolved from a group of outdoor adventurers, guides and travel enthusiasts, who understand basic travel services, base camp mountaineering services and climbing and trekking services around the world. We have extensive logistical experience in both individual and group operations. With climbing and high elevation mountaineering there is a need for flexibility in planning and responsiveness to customer needs. Our experience allows us to provide agile tour operations.

We are locally owned and operated in Nepal:
As a company based in Nepal, with a partner in the United States, we believe we can combine the best of local charm, culture and friendliness, along with the policies, rules and safety standards of an modern culture, thus providing our customers with highly trained and experienced guides and instructors, along with the best in modern gear. Being local in Nepal allows us to employee local people, who grew up in the regions and know the country and people very well. This proves very valuable in terms of logistics, knowledge of current conditions and the ability to provide a competitive price.

Sustainability, integrity and social responsibility:-
Our employees are stewards to the outdoors and from their great love of nature and the wilderness we strive to protect the environment we live and work in. In all our operations we utilize local people for the provision of services to provide fair economic opportunities in the regions we live in and visit. We pay fair prices for the services and consider all local people as part of our national family. We pass through their villages a few times a year and pride ourselves on having great relationships with all the local people. We promote friendship and interaction between our customers and local hosts, which can only to enrich your experience. We strive to promote environmental and social responsibility, with our employees, customers and locals.
Rishi Ram Bhandari
Founder/Managing Director

Mr. Rishi Bhandari is the Managing Director and Founder of Satori Adventures (P.) Ltd. He had a long-time connection with trekking and mountaineering. He has led many treks and expeditions in Himalayas for a decade. His knowledge of mountain expedition arrangements and trekking made him a good communicator and adventure consultant. His management for the trips are appreciated by thousands of clients. He is friendly in nature, take care of his staffs and actively participated for corresponding with clients.

Dan Nash
Founder and President in USA

Dan Nash is the founder and president of Satori Adventures in Nepal. He is the president of Satori Adventures and Expeditions in the United States which is the partner company. Dan is a professional mountain guide and climber and has spent the better part of 20 years climbing, trekking and leading expeditions to the most remote areas of the world. Dan has lead expeditions in North America, South America, Europe, Asia and Africa. Dan has reached the summit of over 60 mountains worldwide, including in the Andes and Himalaya Ranges. He is a member of the American Mountain Guides Association (AMGA) and a board member of the American Hiking Guides Association (AHGA) and other organizations.

Cosmin Andron
Representative in Romania

Cosmin is the Satori Adventures representative in Romania. He has organized, lead and guided expeditions in most of the world's great mountain ranges. He has also lead expeditions to most of the Seven Summits. Cosmin has received training and certifications from the Romanian Mountain Guides Association (AGMR) and obtained a mountaineering instructor certification which includes, rock, ice, mixed and multi-pitch from the Romanian Federation of Mountaineering and Sport Climbing (FRAE).

Luca Montanari
Representative in Italy

Luca is the Satori Adventures representative in Italy. Luca is an all-round mountaineer with experience ranging from climbing in the Dolomites on highly technical routes, to first ascents and demanding ascents on ice and steep ski descents. Luca has been guiding since 2008 and is certified via the International Federation of Mountain Guides Association (IFMGA) and is a certified Mountain Rescue Expert.

TOMASZ KOBIELSKI
Representative in Poland

Tomasz Kobielski is the owner of the Adventure 24 and our business partners in Poland. Tomasz is an experienced climber and mountaineer and excels at organizing trips and expeditions around the world. Tomasz has organized trips to both poles and the Seven Summits. Tomasz has been a member of the Polish Alpine Club for 20 years For 20 years a member of the Alpine Club of Gliwice. Tomasz has summated two 8,000 meter peaks including Mt. Everest and a member of the 2010 Polish Expedition to K2.

Mr. Kuntal Ajit Joisher
Representative in India

Kuntal is Satori Adventures operations manager India. Kuntal is an engineer with the degree from America and has extensive business experience in India and America. He is a passionate climber and adventurer and has lived and worked in the United States and climbed extensively in the Northwestern United States, California, British Columbia and Alaska. He is contributing for marketing, communications and expedition logistics for our company.
You will be led by professional climbing and trekking guides while your holidays in the Himalayas with Satori Adventures. Our climbing guides are experienced Everest and Himalayan veterans. Combined with our Sherpa support, this provides you with your best chance of secure summit.

Mr. Rabin Neupane  
Manager  
Rabin, a native of Nepal is our office manager in Kathmandu. He has a real love for the tourism industry and loves working with clients from around the world. He is responsible for the management tasks of Satori Adventures services.

Mingma Temba Sherpa  
Position: Sirdar / Climbing  
Mingma is a Professional Guide certified by the Nepal Government and Nepal Mountaineering Association (NMA), and has completed general and technical training as well as various advanced rescue programs. Mingma has summited Everest (nine times from both Nepal and Tibet), Cho Oyu (four time), Shishapangma (three times), Baruntse (two times), Manaslu, Ama Dablam, and multiple summits of Island Peak, Mera Peak, Lobuche East peak and many other peaks above 6000 meters.

Mingma Tenji Sherpa  
Position: Sirdar / Climbing Guide  
Mingma Tenji Sherpa has many years’ experience living and climbing at high elevations in most of the Himalayan ranges. He is certified by the Nepal Government and Nepal Mountaineering Association (NMA), as a professional climbing and has completed various climbing and advanced rescue training. He has summited Everest (6), Makalu (2), K2, G2 (2), Dhaulagiri (2), Lhotse, Kanchanjunga, Baruntse (2), Manaslu (2), Ama Dablam (3), Himalung, and multiple summits of Island Peak, Mera Peak, Lobuche East Peak and other mountains above 6000 m.

Lhakpa Tashi Sherpa  
Position: Climbing Guide / Sirdar  
Lhakpa Tashi Sherpa mountain climbing guide certified by the Mountain Climbing and Trekking Guides Association and Nepal Mountaineering Association in Satori Adventures. He is a young climbing guide has summit experience of Everest from the South Side (3), Cho Oyu (2), Shishapangma, Manaslu (2), Ama Dablam (2), Tilicho, Island Peak (3), Pisang Peak, Chulu East and West and many other 6000 meter peaks.

Pema Sherpa  
Position: Climbing Guide / Expedition leader  
Mr. Pema is professional and experienced climbing guide with the experience of more than 20 years in the mountain. He is certified by Nepal Government and Nepal Mountaineering Association (NMA). He has climbed Everest via South Side (5), North Side (4), Makalu (2), Kanchanjunga (2), Manaslu (3), K2 (1), Dhaulagiri, Mustagat, Cho Oyu (3), Shey Shikhar, Shishapangma (2), Ama Dablam (4), Baruntse, Island Peak (five summits), Mera Peak (five summits), and Pisang Peak (two summits).

www.satoriadventuresnepal.com
DESTINATIONS OF TRAVEL SERVICE OPERATION

We operate adventure holidays especially in the Himalayan region. Our major travel service destinations are Nepal, Tibet and Bhutan. Besides this we arrange mountain expeditions in Pakistan, Peru as well

Himalayan Destinations

**Nepal**

Nepal is a Himalayan country with the huge possibilities of nature exploration. The birth place of Gautam Buddha is home of adventurous tourism for anyone willing to make an incredible journey to the lap of Himalaya, trekking, rafting, peak climbing, cultural sightseeing and more. Major eight Himalaya including, Mt Everest (8848 m) stands in Nepal.

**Tibet**

Tibet is wonderland of majestic mountain, Himalaya with huge presence of cultural people. Basically, this wonderland is also known as “roof of world” for its lofty and towering peaks. Tibet share many Himalayan regions with Nepal including massif Mt. Everest. Majority of People living in high hill of Tibet follows the Buddhist religion.

**India**

Indian is a south Asian country with huge presence of multi-cultural and religious people, diverse terrain, lofty Himalayan region and Indian coastline. Make a tour to India and discover soaring snow- dusted summits, beaches, natural beauties, rare wild life, historical temples, deserts and more. India is also famous for yoga and retreats centers around the globe.

**Bhutan**

Bhuan, the hotspot for lofty Himalayan and cultural exploration lies on the eastern edge of Himalaya belt. Bhutan, a Buddhist kingdom glorifies tourism with a spectacular mix of culture, tradition and endless mountain terrain and slopes. Visit Paro Taktsang monastery, Jomolhari Himalaya (7,326 m) and take your adventure experience to another level.

**Pakistan**

Pakistan is waiting its visitors to explore unique natural character, diverse way of living and towering Himalaya. Pakistan is rich in mountainous terrain with more the 109 peaks above 7,000 m and it also carries 5 of major 14 independent peaks around the globe. K2, the 2nd highest peak of world glorifies the tourism providing huge opportunities of Trekking and Hiking expedition.

info@satoriadventuresnepal.com
Mountaineering Adventure

We are specialized on mountaineering adventure operation. We are providing services to individual or group climbers and climbing organizations requiring base camp and high camp logistic support and arranging necessary permits and arrangements. Also we arrange professional climbing guides and porters for assistance.

Mountaineering is an activity that has a heavy emphasis on teamwork, logistics, communication, time and physical stamina. Without these things present adventuring in Nepal becomes nearly impossible due to the scale of things. The minimum time required ranges typically from 28 to 65 days.

There are also several psychological challenges that stem from isolation, physical hardship, Adverse environment, confinement to a small group for weeks and the ability to use climbing equipment such as ice screws, crampons, ropes and ice axes in a proficient manner. Mountaineering in Nepal has a very serious side. There is a technical skill set and base of Experience that rival any craft or trade that makes one able and ready to take on the projects That are present here in the Himalaya. Clients need to be able to climb steep snow, technical ice and rock, set up fixed lines, and recognize danger from hidden crevasses, unstable snow, Avalanches, fast changing weather conditions, cold, dehydration and high altitude conditions.

Satori can help you through this by supporting your expeditions logistically and with highly experienced guides, cooks, porters and underlying support staff. We believe on collaborative effort for a successful mountaineering adventure. We encourage independent climbers to connect with likeminded climbers to plan for the successful climb.

We are flexible on tailoring climbing services and itineraries according to the individual climber’s requirement. One can choose services in Kathmandu, on a trek, in base camp, in high camps, on arrangement of equipments and selecting climbing guides or service of full board.

Service cost includes:

- Airport welcome and transfers.
- Accommodation in Kathmandu.
- Full board accommodation (B|L|D) en-route to and from BC
- Climbing Permit and all government taxes
- Private transport to and from Kathmandu to the trail-head
- Return airfare or land transportation according the mountain location
- Porters/Yaks to carry the loads to/from BC
- Experienced professional high altitude personal climbing Sherpa on 1:1 ratio
- Experienced Expedition Cooks and Kitchen Helpers
- Permanent kitchen facilities at ABC
- Quality single tent to each client at ABC with sleeping mattress
- Shower facility at base camp
- Expedition grade altitude tents for high camps
- All necessary climbing hardware including the ropes
- Highly preferable meals at BC and higher camps
- All the hot drinks with beverages during the expedition
- Quality high altitude freeze dried food
- EPI gas with stove for high camps
- Oxygen will be provided as required as per height of mountain
- Mask and Regulator for each client (we use summit system)
- Walkie-talkie Radio set for the expedition
- Satellite phone for the emergency calls
- Solar Panel/Generator at ABC for charging and power supply
- Oxygen and Gamow bag w/PAC set at ABC for medical emergencies
- Expedition duffel bags for each client
- Daily wages, equipment bonus for staff
- Insurance for local team members
- Farewell Celebration Dinner in Kathmandu

www.satoriadventuresnepal.com
Mount Everest is the ultimate mountaineering adventure on earth. To stand at the pinnacle of the earth is one of life’s most rewarding experiences. Climb with pioneers of Everest expedition guiding with Satori Adventures team. We provide full board and base camp service on logistic management with 1:1 Sherpa climber for achieving the top. The Everest expedition along the south face (Nepal side) is calling the South East Ridge which is known as the Normal Everest climbing route. The summit program will be dependent upon weather and snow conditions, but in general will be as follows: Base Camp – Camp 1 (6065m), Camp one –Camp 2 6400M, Camp 2 –Camp 3 (7100m), Camp 3 –Camp 4 (7920m) (South Col, 7,900m), Camp 4 – Summit (8848M). If you are serious about achieving the top apply for a position on our team in 2017/2018, we provide necessary arrangement and information for the Everest Expedition from South face.

Facts of the Trip

| Highest access: | 8,848m (29,029ft) |
| First Ascent: | May 29, 1953 Edmund Hillary & Tenzing Sherpa |
| Duration: | 67 Days |
| Co-ordinates: | 27°59'17’’ N / 86°55'31’’ E |
| Location: | Nepal/Tibet border |
| Country: | Nepal |
| Grade: | Challenging |
| Best season: | Spring Season (April, May) |
| Culture: | Sherpa and Tamang |
| Climbing route: | South East Ridge (Normal route) |
| Himalayan sights: | Lhotse, Makalu, Ama Dablam, Cho-Oyu |

Itinerary Highlights

Day 01: Arrival in Kathmandu (1350M/4430ft)
Day 02: Preparation, Briefings at Departments of tourism
Day 03: Flight to Lukla; Trek to Phakding (2650m/8694ft, 04 hrs)
Day 04: Phakding to Namche Bazaar (3440m/11286ft, 06hrs)
Day 05: Acclimatization day; explore Everest view Hotel (3800m/12487ft, 3hrs).
Day 06: Namche Bazaar to Tyangboche (3850m/12631ft, 05-06 hrs)
Day 07: Tyangboche to Dingboche (4350m/14271ft, 4hrs)
Day 08: Acclimatization in Dingboche(4350M/14271ft)
Day 09: Dingboche to Lobuche (5018m/16463ft, 4-5hrs)
Day 10: Lobuche to Gorakshep (5170m/16962ft, 3hrs)
Day 11: climb Kalapther (5554M/18222) Trek to EBC (5200m/17060, 2hrs)
Day 12-60: Climbing period Summit Everest (8,848m/ 29029ft)
Day 61: Preparation for return, trek to Dingboche(4350m/14271ft, 4hrs)
Day 62: Dingboche to Tengboche (3860m/12631ft, 04 hours)
Day 63: Tengboche to Namche Bazaar (3440m/11286ft, 04hrs).
Day 64: Namche Bazaar to Lukla(2840m/9317ft,7hrs)
Day 65: Lukla to Kathmandu (1350M/4430ft); 35minutes, transfer to hotel
Day 66: Leisure day & shopping; Fair well-Celebration dinner in the Evening.
Day 67: Transfer to the airport for final departure

info@satoriadventuresnepal.com
Mt. Everest (North Face), is the tallest mountain in the world (29,029 feet/8,848 meters) and an incredible challenge and experience. Satori Adventures offers a full service expedition of this world renowned peak with a medium number of climbers and a 1:1 climbing Sherpa/guide to each climber. We are committed to providing the highest level of support with strong and experienced climbing guides and Sherpa support and the best high end gear.

The first attempt of Everest from the north side was by a British team in 1921. George Mallory led a small team to be the first human to set foot on the mountains flanks by climbing up to the North Col 7,003 meters (22,975 feet). The second expedition, in 1922 reached 8,321 meters (27,300 feet) before turning back.

Facts of the Trip

Highest access: 8,848m (29,029ft)
First Ascent: May 29, 1953 Edmund Hillary & Tenzing Sherpa
Duration: 60 Days
Co-ordinates: 27°59’17” N / 86°55’31” E
Location: Nepal/Tibet border
Country: Nepal
Grade: Challenging
Best season: Spring Season (April, May)
Culture: Tibetan and baddish couture
Climbing route: North East Ridge (Normal route)
Himalayan sights: Lhotse, Makalu, Cho-Oyu

Departures:
Spring 2018: 07 April 2018
Spring 2019: 08 April 2019
Spring 2020: 08 April 2020
Ends:
07 June 2018
06 June 2019
06 June 2020

Itinerary Highlights

Day 01: Arrival at Kathmandu Airport transfer to hotel (1350M/4430ft)
Day 02-03: visa collection and preparation day for assignment & briefing.
Day 04: Drive to Syprubeshi (1460m/4790ft, 06hrs)
Day 05: Syprubeshi to Kerung, after immigration, Kerung height (3200m/10499ft, 02hrs.)
Day 06: Kerung to Tingri drive (4,348 m/14,268ft,06hrs).
Day 07: Rest day at Tingri for acclimatization.
Day 08: Drive from Tingri to Chinese Base Camp (5,150m/16897ft., 04hrs)
Day 09-11: Rest and acclimatization at CBC (5,150m/16897ft.)
Day 12: Chinese Base Camp to Middle Camp (5,700m/18700ft, 06hrs)
Day 13: Middle Camp to Advance Base Camp (6,485m./21276ft, 04hrs)
Day 14-55: Climbing period (summit Mt. Everest 8,848m/29147ft.)
Day 56: Clean ABC and trek to CBC (5,150m/16897ft, 06hrs)
Day 57: Chinese Base Camp to Middle Camp (5,700m/18700ft, 06hrs)
Day 58: Tingri to Kerung boarder (2000m/6562ft, 07hrs)
Day 59: After immigration formalities, Drive to Kathmandu (1350M/4430ft, 07hrs).
Day 59: Free day and Nepalese cultural program with farewell dinner.
Day 60: Transfer to airport for final departure
Manaslu expedition is one of the best and amazing climbing experience for those who intend to climb through adventurous route passing many challenges. If you have intention to climb 8,000 m peak, Manaslu can be the best preference as it is 8th highest Himalaya of world with an elevation of 8,163 m. The Manaslu climbing is graded as low technical difficult however some basic knowledge of ice accessories, ropes, rock climbing and experience is required. Spring (March – May) and autumn (September - November) are the best season to climb. This challenging expedition takes you through series of moderate snow falls, slopes, plateaus and finally finishing up to windy summit added with grand view.

**Facts of the Trip**

- **Highest access:** 8,163m (26,763ft)
- **First Ascent:** Toshio Imanishi and Gyalzen Norbu (Japan), May 9, 1956
- **Duration:** 51 (typically) Days
- **Co-ordinates:** 28°32'58"N, 84°33'43"E
- **Location:** Nepal/Manaslu Region/ Lamjung District
- **Grade:** Low technical difficulty
- **Transportation:** Car, Jeep, Mini Bus
- **Best season:** Autumn (October, November)
- **Culture:** Tamang, Sherpa
- **Mode of Travel:** Tea House/Camping
- **Climbing route:** Northeast ridge
- **Himalayan sights:** Buddha Himal, Annapurna, Ganesh Himal,

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<tr>
<th>Departures in spring</th>
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<th>Departures in autumn</th>
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<td>05 April 2020</td>
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Day 01: Arrival at Kathmandu (1350/4429ft).
Day 02: Preparation, briefings and permit issue.
Day 03: Kathmandu to Arughat (950m/3117ft) -07hrs.
Day 04: Arughat to Khanchok(950m/3117ft) -05hrs.
Day 05: Khanchok to Sotikhola (1165m/3822ft) 5hrs.
Day 06: Sotikhola to Machhakhola(1330m/4364ft) 6hrs.
Day 07: Machhakhola to Jagat(1350m/4430ft) 4hrs.
Day 08: Jagat to Ngyak(2300m/7546ft) 6-7hrs.
Day 09: Ngyak to Namrung(2550m/8366ft) 6hrs.
Day 10: Namrung to Syalla village (3150m/10334ft) 5hrs.
Day 11: Syalla Village to Sama Gaun(3780m/12401ft) 4hrs.
Day 12: Acclimatization day at Sama Gaun (3780m/12401ft)
Day 13: Sama Village to Manaslu Base Camp (4700m/15420ft) 4hrs.
Day 14-42: Climbing period. (8163m/26781ft.)
Day 43: Return to Kathmandu. Clean base camp (4700m/15420ft)
Day 44: Base Camp to Sama Gaun (3780m/12401ft) 3hrs.
Day 45: Sama Gaun to Namrung(2550m/8366ft) 6hrs.
Day 46: Namrung to Phlim village (2300m/7546ft-06hrs)
Day 47: Phlim Village to Machhakhola(1330m/4664ft) 6hrs.
Day 48: Machhakhola to Arughat (950m3117ft) 08hrs.
Day 49: Arughat to Kathmandu (1350/4429ft) -07 hrs.
Day 50: Free day in Kathmandu. Farewell celebration dinner.
Day 51: Transfer to Airport for final departure.

Itinerary Highlights
Cho Oyu Expedition

Cho Oyu is one of the most preferred, recommended, and frequently climbed Himalayas among other Himalayas of 8000m. It can be climbed from Tibet and Nepal side. It is an excellent opportunity to experience the climbing at extreme altitude and is also regarded as a stepping stone for Everest Expedition. The easy access, comparatively less dangerous route, uncomplicated and short terrain makes Cho Oyu most preferable Himalaya. Some basic knowledge about the climbing equipment or materials and high altitude climbing experience is required to attempt the summit of the 6th highest Himalaya of the world.

Itinerary Highlights

Day 01: Arrival at Kathmandu Airport transfer to hotel (1350M/4430ft)
Day 02-03: visa collection and preparation day for assignment & briefing.
Day 04: Drive to Syprubeshi (1460m/4790ft, 06hrs)
Day 05: Syprubeshi to Kerung, after immigration, Kerung height (3200m/10499ft, 02hrs.)
Day 06: Kerung to Tingri drive (4,348 m/14,268ft, 06hrs).
Day 07: Rest day at Tingri for acclimatization.
Day 08: Drive from Tingri to Chinese Base Camp (4800m/15748ft., 04hrs)
Day 09-11: Rest and acclimatization day at Chinese base camp (4800m/15750ft).
Day 12: Chinese Base Camp to Middle Camp (5300m/17388ft., 04 hrs)
Day 13: Trek from Middle Camp to the ABC (5700m/18700ft) of Cho Oyu
Day 14-40: Climbing Period—Summit Cho Oyu (8201m/26906ft)
Day 41: Dismantling ABC; trek to middle camp; drive to Tingri (4,348 m, 14,268 ft)
Day 42: Tingri to Kerung border (2000m/6562ft, 07hrs)
Day 43: After immigration formalities, Drive to Kathmandu (1350m/4430ft., 07hrs).
Day 44: Free day and Nepalese cultural program with farewell dinner.
Day 45: Transfer to airport for final departure

Facts of the Trip

Highest access: 8,201m (26,906ft)
First Ascent: Joseph Joechler, Herbert Tichy, Pasang Dawa Lama, October 19, 1954
Duration: 45 (typically) Days
Co-ordinates: 28°05’37’’N, 86°39’43’’E
Location: Nepal/Tibet border, 30km west of Everest
Country: Tibet, China
Grade: Moderate Climb (PD++)
Transportation: Car, Jeep, Mini Bus
Best season: Late spring and autumn
Culture: Tibetan and Sherpa
Climbing route: North-west Ridge
Himalayan sights: Friendship peak, Everest, Lhotse, Shishapangma

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Shishapangma (8013 m) is the youngest Himalaya among the Himalaya of height more than 8000m. Shishapangma takes you through easy angled rocky and snow slope (35 degree) with one steeper section. The steeper or crevassed sections are spotted with necessary lines. Shishapangma is 14th highest peak of world and highest peak of Langtang region. It is also the holy mountain of Tibetan people. Preferable climbing route for this peak is from Tibet side.

**Itinerary Highlights**

**Day 01:** Arrival at Kathmandu Airport transfer to hotel (1350M/4430ft)

**Day 02-03:** Visa collection and preparation day for assignment & briefing.

**Day 04:** Drive to Syprubeshi (1460m/4790ft, 06hrs).

**Day 05:** Syprubeshi to Kerung, after immigration, Kerung height (3200m/10499ft, 02hrs.)

**Day 06:** Kerung to Tingri drive (4,348 m/14,268ft, 06hrs).

**Day 07:** Rest day at Tingri for acclimatization.

**Day 08:** Drive from Tingri to Chinese Base Camp (4800m/15748ft., 04hrs)

**Day 09-10:** Rest Day at Chinese Base Camp for acclimatization.

**Day 11:** Trek from Chinese base camp to middle Camp (5220m/17125ft.)

**Day 12:** Trek from Middle camp to Shisapangma Advance base camp (5400m/17716ft.)

**Day 13-40:** Climbing period, Summit Shishapangma (8013m/26289ft).

**Day 41:** Preparation to returning, trek to Middle camp then drive to Tingri (4,348m/14,268 ft).

**Day 42:** Tingri to Kerung boarder (2000m/6562ft, 07hrs)

**Day 43:** After immigration formalities, Drive to Kathmandu (1350M/4430ft, 07hrs).

**Day 44:** Free day and Nepalese cultural program with farewell dinner.

**Day 45:** Transfer to airport for final departure

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**Facts of the Trip**

- **Highest access:** 8013m/26289ft.
- **First Ascent:** Joseph Hsu Ching (China). 2 May, 1964
- **Duration:** 45 (typically) Days
- **Co-ordinates:** 28°21’08’’N, 85°46’47’’E
- **Location:** Jugal/Langtang Himal/Tibet
- **Country:** Tibet, China
- **Grade:** Moderate/Strenuous snow climbs
- **Transportation:** Car, Jeep, Mini Bus
- **Best season:** Spring (April, May) and autumn (October, November)
- **Climbing route:** Northwest Ridge/Northeast ridge
- **Himalayan sights:** Everest, Cho-Oyu, Makalu, Friendship peak

**Departures in spring:**

- 08 April 2018: 20 May 2018
- 07 April 2019: 19 May 2019
- 07 April 2020: 19 May 2020

**Departures in autumn:**

- 01 Sept2018: 14 Oct 2018
- 02 Sept 2019: 15 Oct 2019
- 02 Sept 2020: 15 Oct 2020

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Makalu, the 5th highest peak of the world, stands at the height of 8,463 m. This stunning and impressive massive is just 19 km east from giant Everest in Khumbu region. The perfect pyramid structure with four sharp ridges has flourished the beauty and makes the looks more impressive. This climbing expedition is challenging and difficult which requires enough experience of higher altitude and climbing skill. If you want to launch your next climbing objectives, let us manage your expedition trip and allow you to be the climber you wish to be.

**Facts of the Trip**

- **Highest access:** 8485m (27,838ft)
- **First Ascent:** J. Franco’s, Jean Couzy and Lionel Terray. 1955
- **Duration:** 62 days (typically) Days
- **Group Size:** 01-10 persons per Group.
- **Co-ordinates:** 27°53'21''N / 87°05'27''E
- **Location:** Mahalangur Parbat
- **Grade:** PD+ Scottish Grade III/IV
- **Transportation:** Car, Flight, Tourist bus
- **Best season:** Late spring (traditionally less hazardous) and autumn
- **Culture:** Sherpa and Rai
- **Climbing route:** South East Ridge/ Northwest Ridge
- **Himalayan sights:** Everest, Lhotse, Kanchenjunga

**Departures in spring:**
- Spring 2018: 03 & 17 April 2018
- Spring 2019: 01 & 11 April 2019
- Spring 2020: 01 & 11 April 2020

**Ends:**
- 05 June 2018
- 03 June 2019
- 03 June 2020

**Itinerary Highlights**

**Day 01:** Arrival in Kathmandu transfer to hotel accommodation (1350M/4,430ft).

**Day 2-3:** Preparation and briefings at the Departments of Tourism.

**Day 04:** Kathmandu to Tumlingtar. Drive to Num (1980m/6,496ft) 6-7hrs.

**Day 05:** Num to Seduwa (1500m/4,922ft) 6-7hrs.

**Day 06:** Seduwa to Tashigaoun (2100m/6,890ft) 6-7hrs.

**Day 07:** Tashigaoun to Khongma Danda (3500m/11,483ft) 6-7hrs.

**Day 08:** Acclimatization at Khongma (3500m/11,483ft) 06-07hrs.

**Day 09:** Khongma to Dobsto (3650m/11,975ft) 6-7hrs.

**Day 10:** Trek from Dobute to Yangle Kharka (3600m/11,811ft) 6-7hrs.

**Day 11:** Yangle Kharka to Langmale Kharka (4410m/14469ft) 6-7hrs.

**Day 12:** Acclimatization day (4410m/14,469ft)

**Day 13:** Langmale Kharka to Makalu BC (5018m/16,464ft) 6hrs.

**Day 14:** Acclimatization at Hillary BC (5018m/16,464ft)

**Day 15:** Hillary BC to Advance BC (5600m/18,373ft) 5hrs.

**Day 16-53:** Climbing period for Makalu (8485M/27,838ft)

**Day 54:** Advance BC to Yangli Kharka (3600m/11,811ft) 6-7hrs.

**Day 55:** Yangli Kharka to Dobato (3650m/11,975ft) 6-7hrs.

**Day 56:** Dobute to Khongma (3500m/11,483ft) 6-7hrs.

**Day 57:** Khongma to Seduwa (1500m/4,922ft) 6-7hrs.

**Day 58:** Seduwa to Num (1980m/6,496ft) 6-7hrs.

**Day 59:** Num to Tumlingtar. 4hrs.

**Day 60:** Tumlingtar to Kathmandu (30min) transfer to hotel

**Day 61:** Leisure day & shopping in Kathmandu; Farewell Celebration dinner

**Day 62:** Transfer to the airport for final departure
Day 01: Arrival in Kathmandu (1350M/4430ft)
Day 02: Preparation, Briefings at Departments of tourism
Day 03: Flight to Lukla; Trek to Phakding (2650m/8694ft, 04 hrs)
Day 04: Phakding to Namche Bazaar (3440m/11286ft, 06hrs)
Day 05: Acclimatization day; explore Everest view Hotel (3800m/12487ft, 3hrs).
Day 06: Namche Bazaar to Tyangboche (3850m/12631ft, 05-06 hrs)
Day 07: Tyangboche to Ama Dablam Base camp (4600m/15091ft, 5hrs)
Day 08-26: Climbing period Summit Amadablam (6,812m/22,334ft)
Day 27: Aam Dablam Base camp to Namche Bazaar (3440m/11286ft, 04hrs).
Day 28: Namche Bazaar to Lukla(2840m/9317ft,7hrs)
Day 29: Lukla to Kathmandu (1350M/4430ft); 35minutes, transfer to hotel
Day 30: Leisure day & shopping; Fair well-Celebration dinner in the Evening.
Day 31: Transfer to the airport for final departure

Ama-Dablam, the paradise of Khambu region is nestled in clouds above the Thangbouche monetary in Khumbu region, the well-worn path to Everest Base camp. The South west ridge is mixed alpine (AD) difficulty but only over 6000m. Spring and autumn season are the best for climbing over it. The climbing to south ridge is challenging but not extreme, basic mountaineering skills, altitudinal experience and technique is important. Make your challenging journey to the summit and get awarded with the massive and breathtaking view of great Everest, Lhotse, Pumori, Kongde and more.

Itinerary Highlights

Day 01: Arrival in Kathmandu (1350M/4430ft)
Day 02: Preparation, Briefings at Departments of tourism
Day 03: Flight to Lukla; Trek to Phakding (2650m/8694ft, 04 hrs)
Day 04: Phakding to Namche Bazaar (3440m/11286ft, 06hrs)
Day 05: Acclimatization day; explore Everest view Hotel (3800m/12487ft, 3hrs).
Day 06: Namche Bazaar to Tyangboche (3850m/12631ft, 05-06 hrs)
Day 07: Tyangboche to Ama Dablam Base camp (4600m/15091ft, 5hrs)
Day 08-26: Climbing period Summit Amadablam (6,812m/22,334ft)
Day 27: Aam Dablam Base camp to Namche Bazaar (3440m/11286ft, 04hrs).
Day 28: Namche Bazaar to Lukla(2840m/9317ft,7hrs)
Day 29: Lukla to Kathmandu (1350M/4430ft); 35minutes, transfer to hotel
Day 30: Leisure day & shopping; Fair well-Celebration dinner in the Evening.
Day 31: Transfer to the airport for final departure

Facts of the Trip

Highest access: 6,812m (22,334ft)
First Ascent: 13 March 1961 by Mike Gill, Wally Romanes, Barry Bishop
Duration: 31 days (typically)
Group Size: 01-10 persons per Group.
Co-ordinates: 27°51'42'' N, 86°51'40'' E
Location: Nepal/Everest Region
Country: Nepal
Grade: mixed Alpine AD
Transportation: Car, Jeep, Flight
Best season: spring: April-May and autumn: September-October
Culture: Sherpa and Tamang
Climbing route: Southwest and northeast
Himalayan sights: Everest, Lhotse, Pumori, Kongde

Departs in spring: 13 April 2018
Departs in autumn: 14 Oct 2018
09 April 2018
14 May 2018
09 April 2019
14 Oct 2019
09 April 2020
16 Oct 2020
Ends:
14 May 2018
10 May 2019
10 May 2020
15 Nov 2018
18 Nov 2019
18 Nov 2020
Himlung Expedition

Facts of the Trip

- **Highest access:** 7,126m (23,379ft)
- **First Ascent:** 03 October 1992. Akio Koizumi from Japan
- **Duration:** 32 days (typically)
- **Group Size:** 2 - 10 Persons
- **Co-ordinates:** 28°44′06″N 84°25′00″E
- **Location:** Nepal/Annapurna Region
- **Grade:** Moderate Climb (PD++)
- **Transportation:** Car, Jeep, Mini Bus
- **Best season:** Spring (April, May) and autumn (October, November)
- **Culture:** Gurung, Thakali, Magar
- **Climbing route:** South west (normal route)
- **Himalayan sights:** Annapurna, Machhapuchre, Mardi

Itinerary

**Day 01:** Arrival in Kathmandu (1350M/4430ft)
**Day 02:** Preparation, Briefings at Departments of tourism
**Day 03:** Drive Kathmandu to Besisahar (823m/27,00ft, 8hrs)
**Day 04:** Besisahar to Koto (2610m/8,563ft, 5-6hrs)
**Day 05:** Trek from Koto to Meta (3560m/11,680ft, 7hrs)
**Day 06:** Meta to Phu-Gaon (4200m/13,780ft, 7hrs)
**Day 07:** Rest at Phu-Gaun (4080m/13,382ft).
**Day 08:** Phu-Gaon to Himlung base camp (4850m/15,912ft).
**Day 09-24:** Climbing period (7126m/23,345ft) camping.
**Day 25:** Preparation to return to Phu-Gaon (4200m/13,780ft, 6hrs)
**Day 26:** Phu-Gaon to Meta (3560m/11,680ft, 5hrs)
**Day 27:** Meta to Koto (2610m/8,563ft, 05hrs)
**Day 28:** Drive to Besisahar (823m/27,00ft, 05hrs).
**Day 29:** Besisahar to Kathmandu (1350/4,429ft, 07hrs)
**Day 30:** Free day, Farewell celebration dinner
**Day 31:** Transfer to International airport for final departure.

The Himlung Himal is an exceptionally beautiful ascent through rocky terrain, snow and ice to the outstanding airy summit of 7,126 m. An ascent of Himlung is an ideal expedition for those seeking to taste a new level of altitude experience or simply for those willing to make an achievable climb of 7000 m. This rarely visited and less crowded region has recently been opened for foreigner. Even though it is technically easy to climb, one must possess high level of physical fitness and experience. We believe that our experience combined with you determination can make a possible chance to step your foot to the summit of great Himalayas.
Nepal is regarded as the number one destination in the world for adventure trekking. The level of adventure that is provided by the cultural diversity and jaw dropping landscapes are like something from another planet. Trekking by foot is the best way of knowing the people and places intimately. A network of well managed trails throughout the trekking places would easily connect you with the numerous villages in Nepal. Treks in Nepal can be broadly categorized into easy, moderate and challenging. Easy treks will reveal picturesque hamlets surrounded by elaborate terraced fields and forested ridges. Moderate trek may yield rich contrasts in people and culture while transferring from one ecological zone to another. Challenging trekking would include adventure high passes (sometimes technical) and remote areas in the countryside.

We organize trekking packages in the Himalayas of Nepal, Bhutan and Tibet from easy to challenging grade. Some routes offers well established lodges and some need to arrange camping equipments for food accommodation. We support arranging logistics, permits and full supportive staffs for comfortable trekking in the Himalayas.

Service cost includes:

- All arrival and departure transfer services.
- Hotel accommodation in town in BB plan.
- Required staff during trekking.
- Land or regular flight transportation as per itinerary;
- Lodge accommodation on trek Twin sharing basis
- 3 meals per day (Breakfasts, Lunch, Dinner)
- Trekking Permit (NP entry fee) and TIMS card
- All wages, equipment, medical and accident Insurance for all trekking climbing staff
- First Aid medical kit for the Group and the staff.
- Our service charge and Government Taxes levied in Nepal.
- Porter 13-15kg baggage allowance.
Everest Base Camp Trekking

Everest Base Camp EBC Trek, the most popular trekking route in Khumbu region offers breathtaking mountain panoramas of the world highest peaks including Mt. Everest. The trek is the best opportunity to explore the Himalayan Sherpa culture and nature around.

The trekking begins after 35 minutes scenic mountain flight from Kathmandu to Lukla Airport. Then trek along the villages through Phakding, Namche Bazaar, Tyangboche, Dingboche, Lobuche, Gorakshep, Everest Base Camp, Kalapathar and back. March, April, May, October, November and December are the best months trekking.

**Facts of the Trip**

<table>
<thead>
<tr>
<th>Facts of the Trip</th>
<th>Details</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Highest access:</strong></td>
<td>5,200/17,056ft</td>
</tr>
<tr>
<td><strong>Duration:</strong></td>
<td>15 Days</td>
</tr>
<tr>
<td><strong>Group Size:</strong></td>
<td>01-10 persons per Group.</td>
</tr>
<tr>
<td><strong>Co-ordinates:</strong></td>
<td>28°00′23″ N / 86°51′438″ E</td>
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<tr>
<td><strong>Location:</strong></td>
<td>Khumbu Region, Nepal</td>
</tr>
<tr>
<td><strong>Grade:</strong></td>
<td>Moderate+ fairly Strenuous</td>
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<td><strong>Transportation:</strong></td>
<td>Private car, Flight</td>
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<tr>
<td><strong>Best season:</strong></td>
<td>Autumn (September to December &amp; (Spring) March to May</td>
</tr>
<tr>
<td><strong>Major Activity:</strong></td>
<td>Trekking/Hiking</td>
</tr>
<tr>
<td><strong>Culture:</strong></td>
<td>Sherpa, Tamang</td>
</tr>
<tr>
<td><strong>Himalayan sights:</strong></td>
<td>Mt. Everest, Amadablam, Lhotse, Nuptse, Pumori and more</td>
</tr>
<tr>
<td><strong>Price:</strong></td>
<td>Email us for price</td>
</tr>
</tbody>
</table>

**Itinerary highlights (15 Days)**

- **Day 01:** Arrival in Kathmandu Airport (1350M/4430ft).
- **Day 02:** Flight to Lukla; Trek to Phakding (2650m/8695ft, 04-05hrs).
- **Day 03:** Phakding to Namche Bazaar (3440m/11287ft, 06-07hrs).
- **Day 04:** Acclimatization Day, Hike to Everest view hotel (3800m/12468ft).
- **Day 05:** Namche Bazaar to Tyangboche (3860m/12665ft, 05hrs).
- **Day 06:** Tyangboche to Dingboche (4250m/13943ft, 5hrs).
- **Day 07:** Acclimatization Day at Dingboche.
- **Day 08:** Dingboche to Lobuche (5018m /16464ft, 04hrs).
- **Day 09:** Lobuche to Gorakshep (5170/16962ft,) explore EBC (5200M/16684ft, 08hrs.).
- **Day 10:** Gorakshep to Kalapatthar to Dingboche (4250m/13943ft, 05hrs).
- **Day 11:** Dingboche to Namche Bazaar (3440m/11287ft, 05hrs).
- **Day 12:** Namche Bazaar to Lukla (2860m/9383ft, 04hrs).
- **Day 13:** Fly to Kathmandu (1350m/4430ft).
- **Day 14:** Free day at Kathmandu, farewell dinner.
- **Day 15:** Drop to airport for final departure.
Facts of the Trip

Highest access: 5357m/17575ft.
Duration: 15 Days
Group Size: 01-12 persons per Group
Co-ordinates: 27°96‘11’’ N/86°68‘33’’ E
Location: Khumbu Region, Nepal
Grade: Fairly Strenuous
Transportation: By Private vehicles/ Flights
Best season: (autumn) September to December and (spring) March to May
Culture: Sherpa, Tamang
Himalayan sights: Mt. Everest, Amadablam, Lhotse, Nuptse and more
Price: Email us for price.

Itinerary highlights (15 Days)

Day 01: Arrival in Kathmandu Airport (1350m/4430ft).
Day 02: Flight to Lukla (2860m/9383ft), to Phakding (2610m/8563ft, 04-05hrs)
Day 03: Phakding to Namche Bazaar (3440m/11287ft, 06-07hrs).
Day 04: Acclimatization Day, Hike to Everest view hotel (3800m/12468ft).
Day 05: Namche Bazaar to Dole (4110m/13485ft, 05 hrs)
Day 06: Dole to Machherma (4470m /14665ft, 06hrs).
Day 07: Machherma to Gokyo (4790m/15715ft, 06hrs).
Day 08: Gokyo to Gokyo Ri (5357m/17575ft, 06hrs).
Day 09: Gokyo Ri to Luza (4360m/14304ft, 05hrs).
Day 10: Luza to Khumjung (3970m/13025ft, 05hrs).
Day 11: Khumjung to Monjo (2840m/9318ft, 06hrs).
Day 12: Monjo to Lukla (2860m/9383ft, 05hrs).
Day 13: Fly to Kathmandu (1350m/4430ft).
Day 14: Free day at Kathmandu, farewell dinner
Day 15: Drop to airport for final departure.

Everest Gokyo Lakes Trek

Everest Gokyo Lakes Trek is the adventure trip to the glacier valley of Gokyo. The destination is in the Everest/Khumbu region and best alternative of EBC trek. Gokyo Valley and lakes are the major attractions of the trek. Trekking route passes through villages at Phakding, Namche Bazaar, Dole, Machherma, Gokyo, Gokyo Ri, and back to Lukla through Khumjung valley. Spring and autumn season are best for trekking.
Facts of the Trip

Highest access: 3800m/12468ft
Duration: 08 Days
Group Size: 01-10 persons per Group.
Co-ordinates: 28°00'23'' N / 86°51'438'' E
Location: Everest Region, Nepal
Grade: easy
Transportation: By Private Vehicles/Tourist Vehicles/Flights
Best season (autumn) September to December and (spring) March to May
Major Activity: Trekking
Culture: Sherpa, Tamang
Himalayan sights: Mt. Everest, Amadablam, Lhotse, Nuptse, Pumori and more
Price: Email us for price.

Everest Panorama View Trek

Everest Panorama View Trek is the short and easy trekking trip in the Khumbu region and best for all easy trekkers. Scenic views of Everest, Ama Dablam, Island Peak, and Lhotse are the major attraction. Tengboche Monastery and Khumjung village are the major highlights of this trekking. This trek is best for cultural experience with mountain views.

Itinerary highlights (15 Days)

Day 01: Arrival in Kathmandu Airport (1350M/4430ft).
Day 02: Flight to Lukla; Trek to Phakding (2650m/8695ft, 04-05hrs)
Day 03: Phakding to Namche Bazaar (3440m/11287ft, 06-07hrs).
Day 04: Acclimatization Day, Hike to Everest view hotel (3800m/12468ft.)
Day 05: Namche Bazaar to Lukla (2860m/9383ft, 04hrs).
Day 06: Fly to Kathmandu (1350m/4430ft).
Day 07: Free day at Kathmandu, farewell dinner
Day 08: Drop to airport for final departure.
Facts of the Trip

- Highest access: 4130m/13546ft.
- Duration: 14 Days
- Group Size: 01-10 persons per Group.
- Co-ordinates: 28°8′29″N 86°51′5″E
- Location: Annapurna Region, Nepal
- Grade: Easy/Moderate
- Transportation: Private car, Tourist bus, Flights
- Best season: (Autumn) September to December and (Spring) March to May
- Culture: Gurung and Thakali
- Himalayan sights: Annapurna, Fish tail, Dhaulagiri
- Price: Email us for price.

Annapurna Base Camp Trek

Annapurna Base Camp Trek is the best trip to the lap of 10th highest mountain Annapurna (8091m). The trekking destination lies in the western part and famous as Annapurna region of Nepal. Also known as ABC Trek, it is the northern trekking area to the most beautiful city of Pokhara. Trek starts from Nayapul through the Gurung cultural villages at Tikhedhunga, Ghorepani, Tadapani, Chhomrong, Deurali to Annapurna Base Camp. Scenic Himalayan views of Annapurna, Hiunchuli, Gangapurna, Machhapuchhre (Fishtail Mountain) are the major attractions of this trek. Trekking is possible all year around.

Itinerary Highlights (14 Days)

Day 01: Arrival in Kathmandu Airport (1350M/4430ft).
Day 02: Drive/flight to Pokhara (915m/3,002ft.)
Day 03: Drive to Nayapul, trek to Tikhedunga (1540m/5052ft, 04-05 hrs)
Day 04: Tikhedunga to Ghorepani (2675m/8776ft, 05-06hrs).
Day 05: Ghorepani, to Poonhill to Tadapani (2675m/8776ft, 05-06hrs)
Day 06: Tadapani to Chhomrong (2040m/6693ft, 05hrs).
Day 07: Chhomrong to Bamboo (2340m/7677ft, 06hrs)
Day 08: Bamboo to Deurali (3230m/10597ft, 05hrs).
Day 09: Deurali to Annapurna Base Camp (4130m/13,550 ft)
Day 10: Annapurna Base Camp to Dovan (2630m/8,629ft, 06hrs)
Day 11: Dovan to Jhinudanda (1750m/5,741ft, 07hrs).
Day 12: Jhinudanda to Nayapul then Drive to Pokhara (915m/3,002ft.)
Day 13: Drive/Fly to Kathmandu (1350M/4430ft), farewell dinner
Day 14: Drop to airport for final departure.

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Annapurna Circuit Trek

Annapurna Circuit trek is famous for its adventure round trip of the Annapurna massif. You will be circulating the Annapurna Himalayan Ranges, Annapurna I, II, III, IV and Annapurna South. The circuit trek is fairly long days trip in Annapurna. Trekking through the villages, natural vegetation, forests, crossing the Thorong La Pass at 5000m altitude, Tilicho Lake, Muktinath Temple, Kagbeni, Jomsom, Pokhara are the major hotspot and attractions of the trek. It is a strenuous trip and must be physically fit with long days trekking experience.

Itinerary highlights (16 Days)

Day 01: Arrival in Kathmandu Airport (1350M/4430ft).
Day 02: Drive to Besisahar (823m/2700ft, 08hrs).
Day 03: Besisahar to Bahundanda (1305m/4281ft, 06hrs).
Day 04: Bahundanda to Chamje (1430m/4,692ft, 06hrs).
Day 05: Chamje to Dharapani (1860m/6,103ft, 06hrs).
Day 06: Dharapani to Chame (2670m/9,055ft, 05-06hrs).
Day 07: Chame to Pisang (3100m/10,170ft, 05hrs).
Day 08: Pisang to Manang (3440m/11,286ft, 05-06hrs).
Day 09: Acclimatization Day at Manang.
Day 10: Manang to Yak Kharka (4350m/14,272ft, 04hrs).
Day 11: Yak Kharka to Thorong Phedi (4420m/14,501ft, 04hrs).
Day 12: Thorong Phedi to Muktinath (3850m/12,631ft)
Day 13: Muktinath to Jomsom (2700m/8,858ft, 04hrs).
Day 14: Flight to Pokhara (950M/3,116ft.)
Day 15: Drive/ flight to Kathmandu.
Day 16: Drop to Airport for final departure.

Facts of the Trip

| Highest access: | (5416m/17469ft) |
| Duration: | 16 Days |
| Group Size: | 01-10 persons per Group. |
| Co-ordinates: | 28°47′41″N 83°56′15″E |
| Location: | Annapurna Region, Nepal |
| Grade: | Strenuous Trek |
| Transportation: | Private car, tourist bus, Flights |
| Best season: | (autumn) September to December and (spring) March to May |
| Culture: | Gurung and Thakali |
| Mode of Travel: | Tea house |
| Himalayan sights: | Annapurna, Fishtail, Dhaulagiri |
| Price: | Email us for price. |
Ghorepani Poon Hill Trek
(3180M/10433ft.)

Ghorepani Poon Hill Trek is best easy Annapurna trekking for scenic sunrise and sunset view over the Himalayas. The trek is famous for its amazing view point at PoonHill. Anyone can do this trekking with easy and short holiday period. The trek starts with short drive from Pokhara. Drive up to Phedi and trek along the beautiful forests and villages at Tikhedhunga, Ghandruk, Landruk. The villages are unique settlement of Gurung community. Scenic Himalayan views of Annapurna, Machhapuchre (Fishtail), Nilgiri and Gurung culture are the major attractions of this trek.

**Facts of the Trip**

- **Highest access:** 3210m/10531ft
- **Duration:** 08 Days
- **Group Size:** 01-10 persons per Group.
- **Co-ordinates:** 28°23′55″N 83°41′57″ E
- **Location:** Annapurna Region, Nepal
- **Grade:** Easy
- **Transportation:** By Tourist / Private vehicles/ Flights
- **Best season:** Autumn (September to December & (spring) March to May
- **Major Activity:** Trekking/Hiking
- **Culture:** Gurung and Thakali
- **Himalayan sights:** Annapurna, Fishtail, Dhaulagiri
- **Price:** Email us for price.

**Itinerary highlights (08 Days)**

- **Day 01:** Arrival in Kathmandu Airport (1350M/4430ft).
- **Day 02:** Drive/flight to Pokhara (915m/3,002ft.)
- **Day 03:** Drive to Nayapul, Trek to Tikhedungna (1540m/5052ft, 04-05hrs)
- **Day 04:** Tikhedungna to Ghorepani (2675m/8776ft, 06hrs).
- **Day 05:** Ghorepani to Poonhill to Tadapani(2675m/8776ft, 05-06hrs)
- **Day 06:** Tadapani to Nayapul, Drive to Pokhara (915m/3,002ft.)
- **Day 07:** Drive/Fly to Kathmandu (1350M/4430ft), farewell dinner
- **Day 08:** Drop to airport for final departure.
Langtang Gosainkunda Trek (4610m/15122ft)

Langtang Gosainkunda Trek is famous for the sacred lake of Gosaikunda in the valley of Langtang. The lake is situated in the middle of the Langtang National Park and thus worth of trekking. Hindus believed the lake was created by Lord Shiva. The trekking destination lies to the north of the Kathmandu valley. Drive to Syabrubesi and starts trekking through the Sherpa villages. The best seasons are spring (March to May) and autumn (August to November) for this trek.

Facts of the Trip

- **Highest access:** 4773m/15657ft
- **Duration:** 13 Days
- **Group Size:** 1-10 person
- **Co-ordinates:** 28.0000° N, 85.5500° E
- **Location:** Langtang region, Nepal
- **Grade:** Strenuous Trek
- **Transportation:** By Private Vehicles/Tourist Vehicles
- **Best season:** (autumn) September to December and (spring) March to May
- **Culture:** Sherpa, Tamang
- **Himalayan sights:** Ganesh Himal, Langtang Lirung, Jyugal Himal
- **Price:** Email us for price.

Itinerary highlights (13 Days)

Day 01: Arrival in Kathmandu Airport (1350M/4430ft).
Day 02: Drive to Syabrubesi(1500m/4920ft, 07-08hrs).
Day 03: Syabrubesi to Lama Hotel (2470m/8102ft, 4-5hrs).
Day 04: Lama Hotel to Langtang(3430m/11251ft, 04-05hrs).
Day 05: Langtang to Kyanjin Gumba (3830/12563ft, 05hrs).
Day 06: Acclimatization day, hike to Kyanjin Ri (4773m/15657ft).
Day 07: Kyanjin Gumba to Lama Hotel (2470m/8102ft, 06hrs).
Day 08: Lama Hotel to Thulo Sypbru (2250m/7381ft, 03hrs).
Day 09: Thulo Sypbru to Chyolang Pati (3510m/11514ft, 04hrs).
Day 10: Chyolang Pati to Goshainkunda (4610m/15122ft, 04hrs).
Day 11: Goshainkunda to Dhunche (1960m/6430ft, 06hrs).
Day 12: Drive/Fly to Kathmandu (1350M/4430ft), farewell dinner
Day 13: Drop to airport for final departure.
Manaslu Circuit Trek is adventurous classic trekking around the Manaslu massif in the western-central Nepal. The trekking route circulates the 8th highest mountain Manaslu (8163m). The route is approx. 177 kilometer long. After 7 hour drive from Kathmandu to Arughat, the trekking starts through the Gurung villages and the subtropical rainforest. Manaslu Circuit is great alternative to Annapurna Circuit trekking however, it has its own adventure experience.

**Facts of the Trip**

- **Highest access:** (5200m/17060ft)
- **Duration:** 18 Days
- **Group Size:** 01-10 persons per Group.
- **Co-ordinates:** 28.5500° N, 84.5575° E
- **Location:** Manaslu Region, Nepal
- **Airport:** TIA (Kathmandu)
- **Grade:** Strenuous Trek
- **Transportation:** private car, Jeep
- **Best season:** (autumn) September to December and (spring) March to May
- **Culture:** Gurung and Sherpa
- **Himalayan sights:** Himal Chuli, Cheo Himal, Himlung Himal etc.
- **Price:** Email us for price.

**Itinerary highlights (18 Days)**

- **Day 01:** Arrival in Kathmandu Airport (1350M/4430ft).
- **Day 02:** Drive to Arughat (914m/2,999ft, 06hrs).
- **Day 03:** Arughat to Khanchok (950m/3,117ft, 05hrs).
- **Day 04:** Khanchok to Sotikhola (1165m/3,822ft, 05hrs).
- **Day 05:** Sotikhola to Machhakhola (1330m/4,429ft, 06hrs).
- **Day 06:** Machhakhola to Jagat (1350m/4,429ft, 06hrs).
- **Day 07:** Jagat to Ngyak (2310m/7,579ft, 05hrs).
- **Day 08:** Ngyak to Namrung (2618m/8,589ft, 06hrs).
- **Day 09:** Namrung to Syalla village (3155m/10,351ft, 05hrs).
- **Day 10:** Syalla Village to Sama Gaun (4359m/14,301ft, 07hrs).
- **Day 11:** Acclimatization day at Sama Gaun (4359m/14,301ft).
- **Day 12:** Samagaun to Samdo (3690m/12,106ft, 04hrs).
- **Day 13:** Samdo to Larkya La Phedi (4460m/14,633ft, 04hrs).
- **Day 14:** Larkya La Phedi to Bhimthang (3800m/12,468ft, 07hrs).
- **Day 15:** Bhimthang to Dharapani (1859m/6,102ft, 04hrs).
- **Day 16:** Dharapani to Besishahar (823m/2,700ft, 07hrs).
- **Day 17:** Drive to Kathmandu (1350M/4430ft), farewell dinner.
- **Day 18:** Drop to airport for final departure.
Upper Mustang trek is famous for the exploration of the hidden valley behind the Himalayan range of Nepal. Upper Mustang is also known as Lo-Manthang. The area was restricted until 1992. The trek starts with a 25-minute scenic flight from Pokhara to Jomsom, the starting point for upper Mustang trekking region. Thakali community and their culture and the exploration of the walled city of Lo-Manthang are the major attractions of the trek. Trekking in the rainy season is also possible like the spring and autumn season.

**Facts of the Trip**

| Highest access: | 4010m/13156ft. |
| Duration:       | 18 Days        |
| Group Size:     | 02-12 persons per Group. |
| Co-ordinates:   | 29.0833° N, 83.9167° E |
| Location:       | Mustang, Nepal |
| Grade:          | Moderate       |
| Transportation: | By Tourist/ Private vehicles/ Flights |
| Best season:    | (autumn) September to December and (spring) March to May |
| Culture:        | Gurung and Thakali |
| Himalayan sights: | Mustang, Dhau lagiri, Tilicho, Annapurna, Nilgiri |
| Price:          | Email us for price. |

**Itinerary highlights (18 Days)**

- **Day 01:** Arrival in Kathmandu Airport (1350M/4430ft).
- **Day 02:** Free day, issuing restricted permit.
- **Day 03:** Drive/flight to Pokhara (915m/3,002ft.)
- **Day 04:** Fly to Jomsom trek to Kagbeni (2810m/9219ft, 3-4hrs)
- **Day 05:** Kagbeni to Chaile(3050m/10006ft, 05-06hrs).
- **Day 06:** Chaile to Shyangboche(3475/11401ft, 05-06hrs).
- **Day 07:** Shyangboche to Ghami(3520/11549ft, 05-06hrs).
- **Day 08:** Ghami to Tsarang(3500m/11483ft, 04-05hrs).
- **Day 09:** Tsarang to Lo Manthang (3700m/12139ft, 05-06hrs).
- **Day 10:** Acclimatization day at Lo Mathang.
- **Day 11:** Lo Manthang to Tamar (3515m/11532ft, 05-06hrs)
- **Day 12:** Tamar to Shyangboche (3475m/11401ft, 05-06hrs).
- **Day 13:** Shyangboche to Tetang (3590m/11778ft, 05-06hrs)
- **Day 14:** Tetang to Muktinath(3710/12172ft, 05-06hrs)
- **Day 15:** Muktinath to Jomsom(2,743m/8,999 ft, 04-05hrs).
- **Day 16:** Fly to Pokhara (915m/3002ft, 20mins).
- **Day 17:** Drive/Fly to Kathmandu (1350M/4430ft), farewell dinner
- **Day 18:** Drop to airport for final departure.
Kanchenjunga trekking is famous for the third highest peak, Mt. Kanchenjung (8586m). The mountain lies in the border area of Eastern Nepal, Sikkim (India) and Tibet to the north. The trek starts with 45 minute scenic flight from Kathmandu to Suketbar. Trek through the village of Suketbar following the rhododendron forests to Lali Kharka. Kanchenjunga Conservation Area, Simbu Khola, Ghunsa, Tamur valley, endangered species and wild animals in the conservation area and forest are the major attractions of the trek. The trek is good for long walking experience with unique culture of highland Nepal.

**Facts of the Trip**

- **Highest access:** 5120m/16798ft
- **Duration:** 30 Days
- **Group Size:** 02-12 persons per Group.
- **Co-ordinates:** 27.7025° N, 88.1467° E
- **Location:** Kanchenjunga, Nepal
- **Transportation:** By Tourist / Private vehicles/ Flights
- **Best season:** September to December and March to May
- **Culture:** Sherpa, Tamang
- **Himalayan sights:** Kanchenjunga, Makalu
- **Price:** Email us for price.

**Itinerary highlights (30 Days)**

| Day 01: | Arrival in Kathmandu Airport (1350M/4430ft). |
| Day 02: | Free day, issuing restricted permit. |
| Day 03: | Fly to Biratnagar 373Km (80m/260ft, 09hrs drive 40m flight |
| Day 04: | Biratnagar to Basantpur (2200m/7217ft.) |
| Day 05: | Basantpur to Chauki (2700m/8848ft). |
| Day 06: | Chauki to Gupha Pokhari (2900m/9515ft.) |
| Day 07: | Ghup Pokhari to Dobhan(660m/2165ft) |
| Day 08: | Dobhan to Mitlung (890m/2919ft). |
| Day 09: | Mitlung to Chirwa (1185m/3888ft) |
| Day 10: | Chirwa to Sekathum (1640m/5380ft) |
| Day 11: | Sekathum to Amjilasha (2490m/8169ft) |
| Day 12: | Amjilasha to Gyabila (2730m/8957ft.) |
| Day 13: | Gyabila to Ghunsa (3430m/11253ft.) |
| Day 14: | Acclimatization day at Ghunsa. |
| Day 15: | Ghunsa to Kambachen (4040m/13255ft) |
| Day 16: | Kambachen to Lhonak (4790m/15715ft.) |
| Day 17: | Explore Pangpema Base camp (5140m/16536ft) |
| Day 18: | Return to Ghunsa (3430m/11253ft) |
| Day 19: | Ghunsa to Sele La pass (4500m/14763ft.) |
| Day 20: | Trek to Tseram & cross Mirgin La (4480m/14698ft.) |
| Day 21: | Tseram to Ramche (4620m/15157ft.) |
| Day 22: | Ramche to Tortong (2995m/9826ft.) |
| Day 23: | Tortong to Yamphudim(2070m/6791ft.) |
| Day 24: | Yamphudim to Khebang (1740m/5708ft.) |
| Day 25: | Khebang to Phakholing (800m/2624ft.) |
| Day 26: | Phakholing to Tharpu (1600m/5249ft.) |
| Day 27: | Tharpu to Bhadrapur (91m/299ft.) |
| Day 28: | Drive/ flight to Kathmandu (1350m/4429ft.) |
| Day 29: | Rest and Free day In Kathmandu. |
| Day 30: | Drop to airport for final departure. |
Climbing Inclusions

- All Arrivals-Departures-Dinner Transfer
- Assistance upon Arrivals and Departures.
- Hotel accommodations in Kathmandu/Pokhara.
- Guides and porters during the trek and climb.
- Schedule Domestic airfares and surface transportation according to the itinerary.
- Camping equipments, gears, tents and furniture.
- Full board meals and accommodation during trek and climb.
- Government taxes, royalties, permit fees.
- Trekking/Climbing Sherpa Guide
- Required base camp staffs and support.
- Personal Base camp and high camp tents.
- First Aid medical kits for the Group and the staffs.
- Free assistance service for Cargo clearance and Duties.
- Set light phone carried by guide
- Farewell Dinner in a typical Nepalese restaurant.
- Satori special Gift.
Island Peak Climbing

With an elevation of 6165m, Island peak climbing is one of the most visited and easiest climbing experiences in Nepal which unlocks the unseen beauty of the Khumbu region and Mount Everest itself. The climbing follows the classic trek to Everest base camp route and takes to the base camp of Island peak. The top of the summit offers the panoramic view of Mt. Everest, Mt. Nuptse (7,879m), Mt Lhotse (8,383m) and more.

Facts of the Trip

- **Highest access:** 6,165m (20,226ft)
- **First Ascent:** Swiss team 1956
- **Duration:** 20 Days
- **Group Size:** 2 - 10 Persons
- **Co-ordinates:** 27°55'14''N/86°56'16''E
- **Location:** Khumbu region, Nepal
- **Grade:** Peu Difficile + (PD+)
- **Transportation:** Car, Jeep, Flight
- **Best season:** Spring (April, May) and autumn (October, November)
- **Culture:** Sherpa and Tamang
- **Climbing route:** South east (normal)
- **Himalayan sights:** Everest, Lhotse, Pumori, Kongde
- **Price:** Email us for price

Itinerary highlights (20 Days)

**Day 01:** Arrival in Kathmandu Airport (1350M/4430ft).
**Day 02:** Flight to Lukla; Trek to Phakding (2650m/8695ft, 04-05hrs).
**Day 03:** Phakding to Namche Bazaar (3440m/11287ft, 06-07hrs).
**Day 04:** Acclimatization Day, Hike to Everest view hotel (3800m/12468ft.)
**Day 05:** Namche Bazaar to Tyangboche (3860m/12665ft, 05hrs).
**Day 06:** Tyangboche to Dingboche (4250m/13943ft, 05hrs).
**Day 07:** Dingboche to Lobuche (5018m/16464ft, 04hrs).
**Day 08:** Lobuche to Gorakshep (5170/16962ft,) explore EBC (5200M/16684ft, 08hrs.).
**Day 09:** Gorakshep to Kalapatther to Dingboche (4250m/13943ft, 05hrs)
**Day 10:** Dingboche to Chhukung (4730m/15,518ft, 03hrs)
**Day 11:** Chhukung to Island Peak base camp (5087m/16,690ft, 04hrs)
**Day 12:** Island Peak climbing (6165m/20,226, 15hrs)
**Day 13-14:** Island Peak base camp to Pangboche(3985m/13,074ft, 05hrs).
**Day 15:** Pangboche to Namche Bazaar (3440m/11287ft, 05hrs).
**Day 16:** Namche Bazaar to Lukla (2860m/9383ft, 04hrs).
**Day 17:** Fly to Kathmandu (1350m/4430ft).
**Day 18:** Free day at Kathmandu, farewell dinner
**Day 19:** Drop to airport for final departure.

info@satoriadventuresnepal.com
Mera Peak Climbing

Mera peak climbing is one of easiest trekking peak climbing in Nepal which requires short acclimatization period since it stands only at the height of 6476m. This adventurous peak climbing allows you to have the impressive view of Mt Everest, Mt Cho Oyo, Mt Makalu and Mt Kanchenjunga and several snowcapped peaks.

**Facts of the Trip**

- **Highest access:** (6,476m/ 21,247ft)
- **First Ascent:** May 20, 1953 by Col. Jimmy Roberts and Sen Tenzing
- **Duration:** 17 Days
- **Group Size:** 02-10 People per group
- **Co-ordinates:** 27°46’27’’N / 86°54’40’’E
- **Location:** Khumbu region, Nepal
- **Grade:** Peu Difficile (PD)
- **Transportation:** Car, Jeep, Flight
- **Best season:** Spring (April, May) and autumn (October, November)
- **Culture:** Sherpa and Tamang
- **Climbing route:** Southeast and Northwest
- **Himalayan sights:** Mt. Makalu, Mt. Baruntse
- **Price:** Email us for price

**Itinerary highlights (18 Days)**

**Day 01:** Arrival in Kathmandu Airport (1350M/4430ft).
**Day 02:** Flight to Lukla; Trek (2800m/9186ft, 35min)
**Day 03:** Lukla to Chutanga(3050m/10,006ft, 4hrs).
**Day 04:** Chutanga to Thuli Kharka (3900m/12,597ft) via Zatrwa La Pass (4610m/15,125ft, 07hrs).
**Day 05:** Tuli Kharka to Kothe (4095m/13435ft, 05hrs)
**Day 06:** Kothe to Thangnak (4350m/14,272ft, 04hrs)
**Day 07:** Rest and acclimatization day at Thangnak(4,350m/14,272ft)
**Day 08:** Thangnak to Khare (5,045m/16552ft, 3.5hrs)
**Day 09:** Khare to high camp (5,780m/18,963ft, 6hrs)
**Day 10-11:** Summit Day return to Khare(6476m/21,246ft, 11hrs)
**Day 12:** Khare to Kothe (3600m/11,811ft, 5hrs)
**Day 13:** Trek from Kothe to Thuli Kharka(3900m/12,597ft, 6hrs)
**Day 14:** Thuli Kharka to Lukla(2800m/9,186ft) via Zatrwa La Pass(4610m/15,125ft, 09hrs)
**Day 15:** Fly to Kathmandu (1350m/4430ft).
**Day 16:** Free day at Kathmandu, farewell dinner
**Day 17:** Drop to airport for final departure.
Lobuche Peak Climbing

Located at Khumbu region, Lobuche peak with an elevation of 6119 m is an exceptional and adventurous climbing experience which allows you to explore many stunning Himalayas from summit. Lobuche has two main peaks, Lobuche far East and Lobuche East. The Lobuche East is a paradise to view the great Himalayas like Lhotse face, Everest, Ama Dablam and many other Himalaya Peaks.

Facts of the Trip

| Highest access: | 6119m (20,062ft) |
| First Ascent: | Laurice Nielson and Ang Gyalzen Sherpa. 25 April 1984 |
| Duration: | 18 Days |
| Group Size: | 01-10 persons per Group. |
| Co-ordinates: | 27°57'30''N / 86°47'35'' E |
| Location: | Khumbu Region, Nepal |
| Grade: | Peu Difficile+ (PD+) |
| Transportation: | Private car, Flights |
| Best season: | Spring (April, May) and autumn (October, November) |
| Culture: | Sherpa, Tamang |
| Mode of Travel: | Tea House/Camping |
| Himalayan sights: | Mt. Everest, Amadablam, Lhotse, Nuptse, Annapurna, Fishtail, Dhaulagiri |
| Price: | Email us for price |

Itinerary highlights (18 Days)

Day 01: Arrival in Kathmandu Airport (1350M/4430ft).
Day 02: Flight to Lukla; Trek to Phakding (2650m/8695ft, 04-05hrs)
Day 03: Phakding to Namche Bazaar (3400m/11287ft, 06-07hrs).
Day 04: Acclimatization Day, Hike to Everest view hotel (3800m/12468ft.)
Day 05: Namche Bazaar to Tyangboche (3600m/11811ft, 05hrs).
Day 06: Tyangboche to Dingboche (4250m/14575ft, 05hrs).
Day 07: Acclimatization Day at Dingboche.
Day 08: Dingboche to Lobuche (5018m/16464ft, 04hrs).
Day 09: Lobuche to Gorakshep (5170/16962ft,) explore EBC (5200m/17198ft, 08hrs.).
Day 10: Gorakshep to Kalapatther to Lobuche Base camp (5200m/17060ft, 05hrs)
Day 11: Base camp to high camp (5400m/17716ft.-03hrs)
Day 12: Summit to Lobuche East Peak (6119m/20070ft, 10hrs) Back to Lobuche.
Day 13: Lobuche to Pangboche (3985m/13,074ft, 05hrs)
Day 14: Pangboche to Namche Bazaar (3440m/11287ft, 05hrs).
Day 15: Namche Bazaar to Lukla (2860m/9383ft, 04hrs).
Day 16: Fly to Kathmandu (1350m/4430ft).
Day 17: Free day at Kathmandu, farewell dinner
Day 18: Drop to airport for final departure.
Chulu East Climbing

With an elevation of 6584m, Chulu East adventurous peak climbing is probably the best climbing experience of its technical aspects, beautiful setting, 900m climbing route and short access to the peak. The Chulu peak climbing offers the wide exploration of Annapurna (I, II, III and IV), Gangapurna, Glacier Dome, Dhaulagiri, Tilicho Peak and Mt Manaslu.

Facts of the Trip

<table>
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<tr>
<th>Highest access:</th>
<th>6584m (21,601ft)</th>
</tr>
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<tbody>
<tr>
<td>First Ascent:</td>
<td>Dick Isherwood &amp; John Noble. May 1979</td>
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<tr>
<td>Culture:</td>
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<td>Climbing route:</td>
<td>Northeast ridge</td>
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<td>Himalayan sights:</td>
<td>Annapurna, Gangapurna, Fishtail</td>
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<tr>
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</table>

Itinerary highlights (21 Days)

Day 01: Arrival in Kathmandu Airport (1350M/4430ft).
Day 02: Drive to Besisahar (823m/2700ft, 08hrs).
Day 03: Besisahar to Bahundanda (1305m/4281ft, 06hrs).
Day 04: Bahundanda to Chamje (1430m/4,692ft, 06hrs).
Day 05: Chamje to Dharapani (1860m/6,103ft, 06hrs).
Day 06: Dharapani to Chame (2670m/9,055ft, 05-06hrs).
Day 07: Chame to Upper Pisang (3100m/10170ft, 05 hrs).
Day 08: Upper Pisang to Barka(3800m/12,467ft, 05hrs)
Day 09: Barka to Ngwal(4100m/12,467ft, 04hrs)
Day 10: Ngwal to Yak Kharka (4300m/14,107ft, 05hrs)
Day 11: Yak Kharka to Chulu East Base Camp (4500m/14,763ft, 05hrs)
Day 12: Chulu Base Camp to High Camp (5400m/17,717ft, 04hrs)
Day 13: This is a buffer day. Summit pushes (6584m/21,601ft)
Day 14: Summit to Chulu East peak, return to BC (alternative day)
Day 15: Chulu Base Camp to Manang (3540m/11,614ft, 07hrs)
Day 16: Manang to Yak Kharka (4350m/14,272ft, 04hrs).
Day 17: Yak Kharka to Thorong Phedi (4420m/14,501ft, 04hrs).
Day 18: Thorong Phedi to Muktiinath (3850m/12,631ft)
Day 19: Muktinath to Jomsom (2700m/8,858ft, 04hrs).
Day 20: Flight to Pokhara (950m/3,116ft.)
Day 21: Drive/ flight to Kathmandu.
Day 22: Drop to Airport for final departure.
Naya Kanga Peak

Naya Kanga Peak (5,844 m) in Langtang region provides climber the huge opportunity to explore the wide range of Himalaya view in easy climbing. This peak is famous and appropriate for beginner as the climbing route of this peak is straightforward.

Facts of the Trip

<table>
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<tr>
<th>Highest access:</th>
<th>5844m (19,160ft)</th>
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<tr>
<td>Climbing route:</td>
<td>Northeast ridge</td>
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<td>Himalayan sights:</td>
<td>Langtang, Shishapangma, Ganesh Himal</td>
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<tr>
<td>Price:</td>
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</table>

Itinerary highlights (14 Days)

Day 01: Arrival in Kathmandu Airport (1350M/4430ft)
Day 02: Drive to Syabrubesi (1500m/4920ft, 07-08hrs)
Day 03: Syabrubesi to Lama Hotel (2470m/8102ft, 4-5hrs)
Day 04: Lama Hotel to Langtang (3430m/11251ft, 04-05hrs)
Day 05: Langtang to Kyanjin Gumba (3830/12563ft, 05hrs)
Day 06: Acclimatization day, hike to Kyanjin Ri (4773m/15657ft).
Day 07: Kyanjin Gompa to Naya Kanga Base Camp (4300m/14104ft, 06hrs)
Day 08: Base Camp to High Camp (4950m/16236ft, 06hrs)
Day 09: Summit to Naya kanga Peak (5844m/19168ft, 13hrs) return BC.
Day 10: Base camp to Kyanjin Gumba (3830m/1410ft, 05hrs)
Day 11: Gumba to Lama Hotel (2410m/7905ft, 05hrs)
Day 12: Lama Hotel to Syabrubesi (1503m/4931ft, 06hrs)
Day 13: Syabrubesi to Kathmandu drive (1350M/4430ft)
Day 14: Drop to airport for final departure.
With an elevation of 6091m, Pisang peak is probably one of most famous peak among 414 peaks open for climbing in Nepal. Pisang in the Annapurna region offers an opportunity of trekking adventure and expedition to the massive rock and ice climbing. This peak climbing needs some training and climbing experience as the most part of climbing route is challenging.

**Facts of the Trip**

<table>
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<tr>
<th>Highest access:</th>
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<td>Co-ordinates:</td>
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<td>Khumbu Region, Nepal</td>
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<td>Best season:</td>
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<td>Culture:</td>
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<td>Mode of Travel:</td>
<td>Tea House/Camping</td>
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<td>Himalayan sights:</td>
<td>Mt. Everest, Amadablam, Lhotse, Nuptse, Annapurna, Fishtail, Dhaulagiri</td>
</tr>
<tr>
<td>Price:</td>
<td>Email us for price</td>
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**Itinerary highlights (19 Days)**

Day 01: Arrival in Kathmandu Airport (1350m/4430ft).
Day 02: Drive to Besisahar (823m/2700ft, 08hrs).
Day 03: Besisahar to Bahundanda (1305m/4281ft, 06hrs)
Day 04: Bahundanda to Chamje (1430m/4,692ft, 06hrs).
Day 05: Chamje to Dharapani (1860m/6,103ft, 06hrs).
Day 06: Dharapani to Chame (2670m/9,055ft, 05-06hrs).
Day 07: Chame to Pisang (3100m/10,170ft, 05hrs).
Day 08: Pisang to Pisang peak Base Camp (4573m/15000, 05hrs)
Day 09: Trek from Base Camp to high camp (5030m/16498ft, 06hrs)
Day 10: Summit day of Pisang peak (6091m/19978ft, 16hrs)
Day 11: Additional day for summit push (6091m/19978ft, 16hrs/), return to BC
Day 12: base camp to Manang (3540m/11611ft, 02hrs) Lodge accommodation.
Day 13: Manang to Yak Kharka (4350m/14,272ft, 04hrs).
Day 14: Yak Kharka to Thorong Phedi (4420m/14,501ft, 04hrs).
Day 15: Thorong Phedi to Muktinath (3850m/12,631ft)
Day 16: Muktinath to Jomsom (2700m/8,858ft, 04hrs).
Day 17: Flight to Pokhara (950M/3,116ft.)
Day 18: Drive/ flight to Kathmandu.
Day 19: Drop to Airport for final departure.
Tent peak also known as Tharpu Chuli peak with an elevation of (5,663 m) lies in Annapurna region is an amazing and interesting climbing object for those climbers who seek to ascend high from high pass to amateur mountaineering. The ascent is quite challenging and requires ice and rock climbing equipments, techniques and experience. Sometimes climbers might encounter the vertical and ridge climbing section in the climbing route that adds more challenge to the trip.

**Facts of the Trip**

- **Highest access:** 5663m (18,579ft)
- **Duration:** 17 Days
- **Group Size:** 01-10 persons per Group.
- **Co-ordinates:** 28°35'05''N, 83°55'50''E
- **Location:** Annapurna Region, Nepal
- **Grade:** Peu Difficile (PD)
- **Transportation:** Car, jeep, mini bus, flight
- **Best season:** Spring (April, May) and autumn (October, November)
- **Culture:** Gurung, Thakali and Bharman
- **Climbing route:** Ridge via West Face
- **Himalayan sights:** Fishtail, Annapurna, Gandarva Chuli
- **Price:** Email us for price

**Itinerary highlights (18 Days)**

Day 01: Arrival in Kathmandu Airport (1350m/4430ft).
Day 02: Drive/flight to Pokhara (915m/3,002ft.)
Day 03: Drive to Nayapul, trek to Tikhedunga (1540m/5052ft, 04-05 hrs)
Day 04: Tikhedunga to Ghorepani (2675m/8776ft, 05-06hrs).
Day 05: Ghorepani, to Poonhill to Tadapani (2675m/8776ft, 05-06hrs)
Day 06: Tadapani to Chhomrong (2040m/6693ft, 05hrs).
Day 07: Chhomrong to Bamboo (2340m/7677ft, 06hrs).
Day 08: Bamboo to Deurali (3230m/10597ft, 05hrs).
Day 09: Deurali to Annapurna Base Camp (4130m/13,550 ft)
Day 10: Annapurna Base camp to Tharpu Chuli BC (4700m/15,419ft, 04hrs)
Day 11: Tharpu Chuli Base Camp to High Camp (5200m/17,060ft, 05hrs).
Day 12: High camp to summit (5663m/18,579ft) return BC (4700m/15,419ft, 09hrs).
Day 13: Tharpu chuli Base camp to Dovan (2630m/8,629ft, 06hrs).
Day 14: Dovan to Jhinudanda (1750m/5,741ft, 07hrs).
Day 15: Jhinudanda to Nayapul then Drive to Pokhara (915m/3,002ft.)
Day 16: Drive/Fly to Kathmandu (1350m/4430ft), farewell dinner
Day 17: Drop to airport for final departure.
Sightseeing and cultural tours are the best way to explore the rich diversities of Nepal. Nepal has unique cultural setting from East to West, or North to South. The cultural tour provides an opportunity to explore the tradition, religion, belief, language, social organization and people of Himalayan country. Sacred pilgrimage sites, historical monuments and memorials reflect richness of Nepalese culture. As our professional multilingual guides take you on cultural tours in Nepal, you will gain invaluable insight into Nepali lifestyles. Interacting directly with ethnic communities will add excitement to your holiday and rejuvenate you spiritually.

Our tours package ranges from a day to over a week; you can choose on your interest and time.
Nepal is best destination for mountain biking adventure. The geographical landscape of Nepal ranges from lowland Terai to high Himalayas vertically. Mountain bike riding is an incredible way to see the exotic sights of Himalayan country Nepal. Satori Adventures offers very interesting combinations of a mountain biking and trekking. Most of the biking trips offer genuine cultural experience with exciting views of beautiful landscapes. Also, it will improve your metabolism during high altitude 3000-5000m adventure, through the combination of walking and riding every day. We offer single day biking around Kathmandu, Pokhara like cities and multiday adventure biking and trekking combine trips in the Annapurna, Everest, Langtang and other requested destinations in Nepal and Tibet.

Nepal offers world’s outstanding whitewater river rafting opportunities in the white Himalayan Rivers. The adventure thrills of cruise down the gushing waters of river or kayak over fast-moving water a lifetime experience. Rafting in easy grade rivers or facing world’s dangerous rapids of high current water is available in small country Nepal. White water rafting can be experienced as a single adventure ranges from one day to over a week or can combine with other tours and trekking. Our rafting trips are designed perfectly for novices and families to ultimate thrill-seekers. City tours, wildlife safari, mountain biking trips are best to combine with white water rafting of 2/3 days.
Adventure Trips and Add-on Activities

Rock Climbing

Rock climbing is a physically and mentally demanding sport, one that often tests a climber’s strength, endurance, agility, and balance along with his or her mental control. It is best activity for the mountain climbing preparation. It can be a dangerous sport and knowledge of proper climbing techniques and usage of specialized climbing equipment is crucial for the safe completion of routes. We provide you site briefing, travel arrangement, lunch, climbing gears and field guides for the rock climbing sport in Nepal.

Jungle Safari

Jungle safari in Nepal is prime attraction for nature lovers. Nepal is rich in jungle resources. Nepal has nine national parks and three wildlife reserves; Chitwan National Park, Everest National Park, Annapurna Conservation, Langtang National Park, Bardiya National Park, Rara National Park, Khaptad National Park, Shukla Phanta Wildlife, Shey Phoksundo National Park, Dhorpatan Hunting Reserve, Kosi Tappu wildlife Reserve, Parsa Wildlife Reserve are the famous national parks and reserves. These national parks are the home of many birds, reptiles, pices, mammals and butterflies. Many endangered animals like Royal Bengal tiger, one horn rhino, red panda, and black bears are still available in Nepal’s jungle. Our jungle safari tour guides you into exotic wildlife housing rich bio-diversity amidst its rolling prairies, tranquil wetlands and majestic woodlands. Come and enjoy the exciting experience of jungle safari in Nepal.

Paragliding

Paragliding is most popular and most common Aerial adventure sport in Nepal. Pokhara, Bandipur, Kathmandu, Bhedetar are the paragliding destination for now. Tandem flights available with services provided by qualified and experienced pilots. However, if you want to fly by yourself you must have the pilot license to get permit. If you want to learn for paragliding, join the paragliding schools in Pokhara and you can enroll. We arrange paragliding packages for anyone want to fly like a kite in the sky.
Bungee Jumping

Nepal offers the world famous bungee experience of 160 meter over the Bhotekoshi River. The famous only one bungy jumping point reached after 3-hours’ drive from Kathmandu to the Last Resort, 12 km ahead of Kodari(Nepal China Border). Besides the exciting jump you can enjoy the incredible natural setting, offers you breathtaking adventure such as Bungy Jump itself, the exciting Tandem Swing, and thrilling White Water Rafting in the same place within a day. We arrange all these for you.

Mountain Flights

For the close-encounter with the world’s highest mountain peaks, mountain flight tour is the one and only option of one hour scenic flight. Indulge in the panorama and maybe, just maybe, you might realize what you have been missing, or find what you have been looking for, all this while. After all a trip to Nepal would be incomplete without truly understanding what really makes it beautiful. Nothing compares to the sheer beauty or awe, the Himalayas has to offer. Mountain flight is the best option.

Zip Flying

Zip flyer is one of most attractive adventurous activities available in Nepal. The Zip-flyer is new adventure in Nepal which starts from Sarangkot (1625m) and ends in Hemja plain (960m) of Pokhara valley. Zip flyer in Nepal is arguably the longest one (1860m) in the world which offers ultimate thrills.
Nepal Mountaineering Association (NMA)

This Letter of Appreciation is awarded to
SATORI ADVENTURE PVT. LTD.
The Resource Member of Nepal Mountaineering Association (NMA) for securing FOURTH POSITION among the Resource Members in issuing the number of climbing permits to climb NMA Peaks in the Fiscal Year 2072/2073.

Thakur Raj Pandey
General Secretary

Ang Tahering Sherpa
President

Jeeban Bahadur Shrestha
Honorary Secretary
Ministry of Culture, Tourism & Civil Aviation
(Chief Guest)

7th September 2016
Kathmandu, Nepal

EXPEDITION OPERATOR’S ASSOCIATION – NEPAL

CERTIFICATE

to

SATORI ADVENTURES PVT. LTD

as Associate Member

from 16-07-2017 to 16-07-2018.

Pasang Norbu Sherpa
General Secretary

Damber Parajuli
President

16-07-2017
Mountaineering Permits

Government of Nepal
Ministry of Culture, Tourism & Civil Aviation
DEPARTMENT OF TOURISM

Expedition Permission Letter

No. 10 Exp. 2/2017
Date: 2017-04-03

It is hereby notified that Government of Nepal has granted permission to the under mentioned expedition team to carry out the expedition on the Himalayan peaks as mentioned below:

Name of Expedition Team: Mt. Everest Expedition - Spring 2017
Leader's Name: Sealey Samuel Peter
Leader's Country: Australia

Expedition Team Members:
- S. K. Johnson, Nepal
- M. S. Tsek, Nepal
- S. Chandra Datta, Nepal

Expedition Route: Mt. Everest (8848 m)

Medium of Liaison in KTM: Satori Adventures Pvt. Ltd.
Date of Departure from KTM: 2017-04-03

Signature of the officer granting the permit:

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Government of Nepal
Ministry of Culture, Tourism & Civil Aviation
DEPARTMENT OF TOURISM

Expedition Permission Letter

No. 15 Sep. 02/2017
Date: 2017-05-31

It is hereby notified that Government of Nepal has granted permission to the under mentioned expedition team to carry out the expedition on the Himalayan peaks as mentioned below:

Name of Expedition Team: Mt. Ama Dablam Expedition - Spring 2017
Leader's Name: Miss. Tawnapriya Montana
Leader's Country: Nepal

Expedition Team Members:
- S. K. Johnson, Nepal
- M. S. Tsek, Nepal
- S. Chandra Datta, Nepal

Expedition Route: Mt. Ama Dablam (6814 m)

Medium of Liaison in KTM: Satori Adventures Pvt. Ltd.
Date of Departure from KTM: 2017-04-04

Signature of the officer granting the permit:

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Expedition Permission Letter

It is hereby notified that the Government of Nepal has granted permission to the under-mentioned expedition team to carry out the expedition on the Himalayan peak as mentioned below.

1. Name of Expedition Team: Gyanpang 2017 ca
2. Leader’s Name: Pavol Matousek
3. Leader’s Country: Czech Republic
4. Name of the Peak & Height: Dokpa Kang (7074m)
5. Route: Normal Route
6. Medium of Liaison with KTM: Campbase Trek and Expedition Pvt. Ltd.
7. Date of Departure from KTM: 20/07/2017
8. Signature of the Officer granting the permit:

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Certificate

This is to certify that on 21st May 2016, at 7:30 AM, the Sherpa Mingma, Temba, has reached the altitude of 8848m above sea level on an expedition to peak Mount Everest, which is hereby certified.

The Mountaineering Association of Tibet

Tibet Autonomous Region of the People’s Republic of China

[Signature]
Summit Certificate

This is to certify that Mr. Kuntal Ajit Jolsher (G3626924) resident of India as a member of KKC Everest 2016 team led by Mr. Kevin John Farebrother of Australia has successfully climbed 8848 meter high Mt. Sagarmatha (Mt. Everest) on 2016-05-19.

Date: 2013-2-12
Permit No. 240/2016-Spring

Director
Section Officer

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This is to certify that Mr. Yasumasa Kato (TR 3135247) resident of Japan as a member of Satori Everest Expedition South - Spring 2016 team led by Mr. Jilesh Popatlal Mody of India has successfully climbed 8848 meter high Mt. Sagarmatha (Mt. Everest) on 2016-05-19.

Date: 2013-2-12
Permit No. 40/2016-Spring

Director
Section Officer
Read carefully terms and conditions of contract. Acceptation of terms and conditions means the agreement between Satori Adventures (P) Ltd. and you (client) is done. These conditions apply to the exclusion of any other terms or conditions agreed to in writing by the parties. The Terms and Conditions contain the information to the client regarding the Booking Confirmation, Payment & Refund System, Cancellation and Other Charges levied as per policy.

1. Trip Booking
To reserve any of our adventures and/or trips, you will need to complete the Booking Application Form and forward it to us prior to the trip start date by e-mail, along with a deposit of 25% for trekking/hiking/biking tours. A scan copy of each passport of the team members, passport size picture and flight ticket reservation. 30 days prior second payment of 25%, and remaining 50% due upon arrival in Kathmandu is require. For peak climbing and mountaineering expeditions we require 30% deposit at the time of booking; further 30% is required 30 days prior to your arrival in Kathmandu and the remaining 40% upon arrival in Kathmandu.

Satori Adventures (P) Ltd.; Bank Trust Account details for Funds Transfer from foreigner countries:

Account Holder: Satori Adventures (P) Ltd.
Company Address: Naya Bazaar-16, Kathmandu, Nepal.
Paying Bank: Nabil Bank Ltd., Teendhara
Bank Address: Durbarmarg, Kathmandu, Nepal.
Bank Account Number: 1704217500027
Swift Code: NARBNPKA

At the time of booking we also require a scanned copy of your passport and photo.

2. Payment
We accept payment via bank transfer, online payments, credit card payments or alternatively western union. We require advance payments as per above conditions. Prices are quoted in U.S. dollars (unless otherwise specified. We currently accept Visa and MasterCard payment which charge 4% extra as levy charge.

A copy of passport, your Credit Card (both sides) and authorization letter mentioning the Bill Amount inclusive of bank charge is necessary for payment by credit card.

3. Amendments
Amendments to your tour arrangements requires notification to Satori Adventures in writing. If any government permits, flight ticket, insurance has been issued and cannot be revoked and refunded you will be liable for these costs. You may also be liable for cancellation fee of airfares purchased on your behalf.

4. Cancellation Policy
A. Cancellation rule for Trekking, Hiking package tour
   • If cancellation is made before 60 days of the trip departure date, 20% of the total trip cost will be charged.
   • 15 days prior cancellation to the trip departure date, 40% of the total trip cost will be charged.
   • 1 week prior cancellation of the trip departure date, 60% of the total trip cost will be charged.
   • If cancellation is made within the week of the departure or upon arrival in Kathmandu no refund shall be provided. Any remaining payment will be required at this time.

B. Cancellation rule for Peak Climbing & Expedition
   • Cancellation before 60 days of the trip, 20% cancellation will be charged.
   • Cancellation before 30 days of the trip 40% cancellation will be charged.
   • Cancellation before 15 days of the trip 60% cancellation will be charged.
   • Cancellation before 07 days or less than trip 70% days no refund will be provided.
   • The cost of Climbing Permit/Insurance/Equipment allowance are not refundable.
C. Cancellation rule for Air ticket purchase

- If cancellation made before 30 days of the ticket departure date, 10% of the total face value will be charged as cancellation and rest will be adjusted in their next trip or refunded after deducting the processing charge of Nepal Rastra Bank to make a draft.
- If cancellation made before 15 days of the ticket departure date, 20% of the total face value will be charged as cancellation. Further will be same as above process.
- If cancellation made within the week of departure or upon arrival in Kathmandu 70% of the total cost fare value will be charged.
- No refund will be made of the deposit amount in case of cancellation of trip for any other else reason.

5. Cancellation due to numbers of climbers/clients
Satori Adventures reserves the right to cancel mountaineering expedition prior to departure in the event that there are too few people booked on a climbing, in which case you will be given a full refund of the expedition price. You will not be entitled to claim any additional amount or seek any compensation for any injury, loss, expenses or damage (either direct or consequential) or for any loss of time or inconvenience, which may result from such cancellation (including but not limited to visa, passport and vaccination charges, or departure, gear purchases, airport and airline taxes). Satori also reserves the right to cancel the booking of restricted area trekking in Bhutan or Tibet if the confirmed group size is less than the requirements. We will operate most of the trekking and tour packages other than the ones mentioned above even if the number of persons are less than required.

6. Health and Fitness Requirements
To participate in our adventures other than cultural, spiritual or family level hiking, good health and physical fitness is required. For this reason, we strongly advise all clients to follow our pre-departure fitness training recommendations, or see professional fitness instruction. We reserve the right to refuse any person the right to participate in a tour on medical or fitness grounds. Our application form contains question regarding your health status, so please consult your physician and complete the form carefully.

7. Children
There are no age limitations for tours but there is an age restriction of 9 years of age and above for trekking and 16 years and above for mountaineering above 6,000 meters. The age restrictions are in accordance with Nepali law.

8. Insurance
Travel insurance is not included in the tour price, but it is a required condition of booking a tour with Satori Adventures and your responsibility to ensure that you are adequately insured for the full duration of the tour covering medical, illness, injury, death, loss of baggage and personal items, cancellation, curtailment and emergency evacuation.

9. Prices for the trip
Package prices are based on ground costs, fuel prices, airfares, exchange rates and assumptions made at the time of the trip price quote. Satori Adventures tries its utmost not to increase tour prices (in full or part), however sometimes increases are outside our control. Satori reserves the right to amend tour prices (or any part) without notice at any time before and including the departure date.

10. Unforeseen Circumstances
If Satori Adventures cancels your trip due to unforeseen circumstances like war, natural disasters, conflict, unfavorable climate, we would be happy to refer you to an alternative trip of a similar standard. Even if this does not fit your interest, all amount paid by you to our company will be refunded.

11. Seclusion
As part of the booking and permit process, we will need to obtain personal information from each client. Your personal information will be kept by us is a secure way and none of your private or personal information will be disclosed for any other purposes.

12. Authority
This agreement and the rights and obligations of the parties will be construed and take effect in accordance with and be governed by the laws of Nepal and the Nepal tourism association.
Naya bazaar, Kathmandu | Tel: 01 - 4365127
Email: info@satorihomestay.com | Website: www.SatoriHomestay.com

SATORI ADVENTURES PVT. LTD.
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