

CURRICULUM VITAE

NAR BAHADUR ASTANI

CLIMBING SHERPA AND TREKKING GUIDE

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Gender:
Male

Nationality:
Nepali

Marital Status:
Unmarried

Date of birth:
29 July 1989 AD

Education:
SLC

Permanent Address:
Sindhuli, Nepal

Language:
Nepali, English
and Hindi

Height:
5.2ft

Weight:
58kg

Father's Name:
Harkalal Astani Magar

Mother's Name:
Shreemaya Astani Magar

Contact:
Satori Adventures (P.) Ltd.
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TRAINING

IFMGA/ Diploma in Mountain Guide 2018
DISENT IS 3000 Ch/ France and Swiss Skil Level Two 2018
Nepal Mountain Academy (NMA) SKI Level One 2017
HCMS/ TOT/ General Training of Trainer, 2017
NNMGA/ NMA Aspirant Guide 2016
NMA Advance Mountaineering Training 2014
NMIA Rock Level one 2013
NMIA Basic Recue Training 2011
NMIA Navigation Course 2011
Ice Climbing Advance, 2011
NMIA Basic Mountaineering Training, 2011
NMIA/ Introductory rock climbing course 2010
NATHAM Guide Training 2009

8000M SUCESSFULLY SUMMITED MOUNTAINS

- Mount Everest
2022, 2023

7000M SUCESSFULLY SUMMITED MOUNTAINS

- Mount Lenin Peak

- Mount Amadablam
05 Times

6000M SUCESSFULLY SUMMITED MOUNTAINS

- Mera Peak 10 times summit
- Island Peak 10 times summit
- Lobuche Peak 7 times summit
- Chulu East Peak 2 times summit
- Sarebung Peak 1 time summit
- Pachermo Peak 1 time summit

OTHERS

- Great Himalayan Trail
Upper GHT - 100 days