

CURRICULUM VITAE

MINGMAR DORJI TAMANG



CLIMBING SHERPA, TREKKING GUIDE AND CHEF

Mobile No: +977 - 9841759920 Email: tamangmingmar57@gmail.com

Gender:

Male

Nationality:

Nepali

Marital Status:

Married

Date of birth:

01 November 1978 AD

Education:

Lower Secondary

Address:

Lukla, Solukhumbu

Language:

Nepali, English
and Hindi

Height:

5.2ft

Weight:

75kg

Father's Name:

Mangal Dorji Tamang

Mother's Name:

Suku Maya Tamang

Contact:

Satori Adventures (P.) Ltd.
Thamel Kathmandu
Tel: +977 - 01 4365127

TRAINING

Basic Mountain Climbing
Guide License Training
Cook Training

AS A HEAD CHEF AT MOUNTAINS

- Mount Everest Expedition (From Tibet Side)
2007, 2010, 2012
- Mount Everest Expedition (From Nepal side)
2011, 2013, 2015
- Mount Dhaulagiri Expedition 2009
- Mount Kanchenjunga Expedition 2008, 2014
- Mount Barunche Expedition 2008

AS A BASE CAMP MANAGER

- Mount Amadablam 2005

6000M SUCESSFULLY SUMMITED MOUNTAINS

- Mera Peak 6 times summit
- Island Peak 18 times summit
- Lobuche Peak 7 times summit

SKILLS**1. Industry Knowledge:**

- Climbing, Mountaineering, Scrambling, Ice Climbing, Avalanche awareness

2. Technical Skills:

- Climbing gear, Ropes belaying, Knot typing

3. Soft Skills:

- Teamwork, Communication, Leadership, Risk Management, Adaptability, Resourcefulness, Logical thinking