

# CURRICULUM VITAE



# MINGMA TEMBA SHERPA

## CLIMBING SHERPA AND TREKKING GUIDE

Mobile No: +977 - 9841371755 Email: mt.sherpa2017@gmail.com

**GENDER:**

Male

**NATIONALITY:**

Nepali

**MARITAL STATUS:**

Married

**DATE OF BIRTH:**

19 Jan 1980 AD

**EDUCATION:**

S.L.C

**PERMANENT ADDRESS:**

Yaphu-09,  
Sankhuwasabha

**TEMPORARY ADDRESS:**

Thali-05  
Kathmandu

**LANGUAGE:**

Nepali, English,  
and Hindi

**HEIGHT:**

1.75m

**WEIGHT:**

95 kg

**FATHER'S NAME:**

Yang Dorchi Sherpa

**MOTHER'S NAME:**

Joma Sherpa

**CONTACT:**

Satori Adventures (P.) Ltd.  
Thamel Kathmandu  
Tel: +977 - 01 4365127

**TRAINING**

- Advance Mountaineering 2013
- Basic Mountaineering 2011
- Sel Rescue Training 2007.
- Guide Training 2006.
- Introductory Training 2006

**8000M SUCCESSFULLY SUMMMITED MOUNTAINS**

- Mount Everest:  
2006, 2007, 2008, 2009, 2011, 2012,  
2016, 2017, 2018, 2019, 2022.
- Mount Lhotse:  
2013, 2016, 2017, 2019
- Mount Manaslu:  
2007, 2010, 2011, 2013, 2014, 2015, 2016,  
2017, 2019
- Mount Cho-Oyu: 2015
- Mount Shishapangma: 2017
- Mount K2: 2022

**7000M SUCCESSFULLY SUMMMITED MOUNTAINS**

- Himlung Climbing 2014, 2017, 2018, 2019
- Putha Himchuli 2019
- Muztagata 2 times in 2017
- Amadablam Climbing 2011, 2013, 2017, 2019, 2022

**6000M SUCCESSFULLY SUMMMITED MOUNTAINS**

- Island Peak 17 times
- Mera Peak 11 Times
- Lobuche east peak 19 Times
- Chulu East , Pisang Peak, Yala Peak, Nayakanga Peak